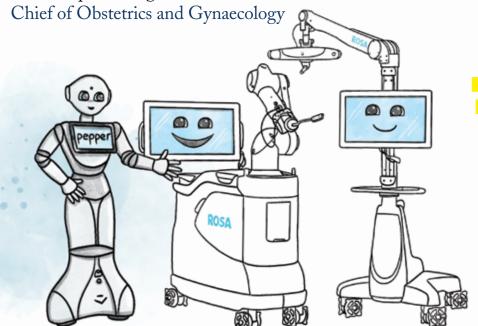
@ YOUR HUMBER

Your Generosity At Work: Surgery & Robotics Update!

Right now, we have an urgent need to expand our robotic-assisted surgeries. Our teams are working after hours and on weekends to catch up on life-changing surgeries that simply can't wait any longer. Now is the time to take action and purchase two new robots: da Vinci and ROSA.

Patients have been waiting too long and living in pain. Now that we are ramping up again, robotic-assisted surgery will be extremely helpful. Why? Because robotic-assisted surgery is minimally invasive and safer with less risk of complications. In addition, patients can go home sooner with less need for opioids. The bottom line is that with more access to robotic surgery, we can serve more patients, faster, and also open up to different kinds of surgeries. When you give, you're moving technology forward, and you're also helping more patients live with less pain and get home sooner." – Dr. André LaRoche,





Your gift today will fund the critical expansion of our robotic surgical program. You'll help purchase two state-of-the-art robots, help us clear the backlog and meet the spiking demand for 575 robotic procedures by next year, including surgeries in orthopaedics, urology, general surgery, and gynaecology. Here at Humber, 100% of robotic surgery is completely funded by our generous donors like you!

You can use the enclosed reply form, give online at www.hrhfoundati on.ca/give or phone in your gift at 416-242-1000, extension 81500. Thank you!



Looking Back & Looking Ahead:

Covid-19 Frontline Update

Toronto Public Health identified that the major vaccination milestones have been met with greater than 90% of Toronto residents 12 years and older fully vaccinated. And this means the ramping down of large vaccination centres, like Humber's COVAX Clinic.

With your help, Humber played a key role in this vaccination milestone, having delivered close to 400,000 vaccines at the clinic. As the clinic moves to our Finch site, we wish to acknowledge the dedication and commitment of our staff, volunteers and supporters like you!

Here are a few voices from the COVID-19 frontline:

I enjoy working at the COVAX Clinic because I am able to help people and give back to the community. This job has given me a sense of purpose since losing my husband in July 2018,



and I am so grateful for this. I am so proud to be a part of the COVAX Team at Humber River Hospital." – **Francesca**, volunteer

In more than 30 years I've never been as frantically busy as we were during the third wave of COVID. I worked in the ICU through SARS back in 2003 and that was bad. But this was something really unbelievable. You can't even imagine. Extremely busy and constant."

— Paula, ICU social worker.

From Grateful Patient To Aspen Grove Society: John And Brenda's Story

John Bradlow couldn't believe the difference. Within a day from his second knee replacement surgery at Humber River Hospital, he was walking without the use of a cane. His surgeon, Dr. Sebastian Rodriguez-Elizalde, told him to expect this, but John was skeptical, having had his other knee replaced by the same doctor at the same hospital four years prior.

So, what was the difference? John's second knee was operated on with the assistance of ROSA, a surgical robot. His wife, Brenda, who was by his side through it all, noticed the incredible difference too. "I was struck when John came home after the second surgery. I was all ready to help him, support him, and help him walk, but within a day he was not using a walker or cane," Brenda said. "The general care from the beginning to end, everybody at the Hospital—the surgeons and staff were wonderful to deal with and it makes a difference."

"Both knee replacements gave me the opportunity to experience the outstanding care that I believe the Hospital provides," John said. "That is the entire Hospital, not just the surgical team, but also the nursing care and the general efficiency with which things were managed."

Due to the profound difference in recovery from his first knee replacement surgery and his second, John and Brenda wanted to learn more about the innovative technology that changed his life. A few months ago, they attended Humber's robotics showcase and were surprised to learn



that currently the government does not fully fund robotics. This is where donors come in. Realizing that they were in a position to give back to Humber, John and Brenda both made the decision to support the Hospital by contributing on an annual basis, but to also leave a gift in their Wills.

This makes them part of the Aspen Grove Society, Humber River Hospital Foundation's legacy giving program. "It made me realize the importance of donors to hospitals like Humber River," Brenda said.

"We would like to support other people so that they have the same life-enhancing experience that John had," Brenda said. "John's a very active person and he is now able to be as fully active as he was before his surgeries. It's wonderful to see and we would like to share that experience and opportunity with others."

To learn more about joining the Aspen Grove Society by including Humber in your Will, you can contact me anytime at 416-242-1000 ext. 81516 or cmagisano@hrh.ca. I'm here to help!

— Caterina

gifts of gretitude

Donations made personal

We are so grateful to be celebrating the third anniversary of the Gifts of Gratitude program. Here are just a few of our most recent Gifts of Gratitude—donations made by caring and compassionate donors like you to recognize their doctors, nurses and other staff who helped them here at Humber.



My deepest appreciation for your kindness, care, and efficiency." –Joyce

Was so incredibly fortunate to have had both hips replaced during the pandemic. Despite the added stress and pressure on healthcare workers, I was attended to with patience and professionalism. I am thrilled to be pain free!" -Beth

In appreciation of all your help in getting me back to walking! You are the best!" -Dorothy

I would like to thank you for helping me with my knee replacement surgery on with the ROSA robot system. I am truly grateful and find my recovery period faster compared with my previous knee replacement surgery. Thank you from the bottom of my heart." -Maria

You can find out more or give your own Gift of Gratitude today at hrhfoundation.ca/gifts-of-gratitude

