

@ YOUR HUMBER

Frontline Update: One Year of Covid-19

Your Compassion and Generosity in Action

You have stood with Humber's frontline heroes at every step in the COVID-19 pandemic. Your gifts and your encouragement provide critical help to our staff, patients and families. Here is a snapshot of what you helped make possible with your kind and caring gifts to Humber:

- You funded testing machines that allowed us to provide **41,000** COVID-19 tests.
- You helped provide love, care and comfort to **1,398** COVID positive patients.
- You have already helped give **25,000** COVID-19 vaccinations at the HRH CoVax Clinic—and counting!
- You gave **14,254** meals and treats, **8,952** pieces of casual clothing to help with sanitation routines before and after each shift and **850** free rides given out by the Humber Frontline Support Fund.
- You donated **443,000** pieces of Personal Protective Equipment (PPE) including surgical masks, gloves, gowns and face shields to keep our frontline workers safe.

From March 2020 to February 28, 2021



And it's not just the numbers that tell the story of your crucial support of our Hospital. Every single day, your gifts make every patient and every family member, feel confident in their care. Here's just one of the wonderful emails we received recently:

I have to tell you I brought my mom to the vaccine clinic and I was so impressed! It was very well organized, everyone was so helpful and explained everything well and there were volunteers everywhere. The chocolates and photo op were such a nice touch! Just reinforced why I am a monthly donor. -Mara

Thank you for sharing your love, standing in solidarity with our frontline heroes and helping provide urgent care to our neighbours.

Meet Rosa the Robot!

Hey, Humber family! Remember me? I'm Pepper, the humanoid robot here at Humber River Hospital and I want to introduce you to another robot, ROSA! You may have heard about our brand new knee replacement innovation called SKiP (Same Day Knee Replacement Program). ROSA is a robot that helps with some of our knee surgeries.

ROSA has one job—but boy, it's an important one. ROSA is able to help our talented surgeons be even more precise in any incisions or surgical procedures during an operation. The doctor is always in control, it's not like ROSA

can perform surgery by itself. But ROSA can help guide the right kinds of decisions so that surgeries are even more accurate and patients heal faster. Isn't that terrific?

One of our surgical patients, Anita, who had a knee replacement—with help from you and from ROSA—remembers actually meeting ROSA. Here's what she said:

The whole procedure was smooth and I felt very safe, even during COVID. The medical team talked me through everything and at one point someone said, 'Oh and here's the robot that will help with your incision and make your healing faster. I remember being stunned—the only robot I'd even seen was the vacuum cleaner at Humber! I know that it is really the talent, expertise and care of the surgeon that makes the surgery happen, but it was pretty neat to know that the robot helped!

Gifts of Gratitude: Meet Wendy!

“I have my yoga practice back, I’m moving again, and I can lift my grandchildren. I’m happier because I’m not in pain and I can fully participate in life again.”

– Wendy, grateful patient

“I looked at the X-ray of my hip and saw the damage. I was shocked. It took the wind out of my sails to learn that I would probably need a hip replacement. But it got to the point when I could no longer do yoga, which I have been practicing and teaching for 47 years. I couldn’t play tennis or even walk for more than a few minutes without limping.”

Dr. Rodriguez-Elizalde was the first doctor to offer a new kind of hip replacement here in the GTA, a procedure known as the Direct Anterior Approach (DAA). His approach spares tissue and requires less surgical dissection, meaning less trauma and faster recover time for patients like Wendy. Many patients are even able to leave the Hospital the same day as their surgery!

“My surgery was a very positive experience. Dr. Rodriguez-

Elizalde was so kind and understanding. And he is an exceptional surgeon. I knew immediately that I felt better. A few hours later, I was climbing stairs. And that same evening, I left the Hospital using a walker. Dr. Rodriguez-Elizalde called me the next morning to check on me, and twice more over the next few days. My recuperation was really fast. I have my yoga practice back, I’m moving again, and I can lift my grandchildren. I’m happier because I’m not in pain and I can fully participate in life again.”

“On the one-year anniversary of my surgery, I was proud to celebrate by giving a Gift of Gratitude. I’m very, very



grateful for the doctors and team at Humber River Hospital. They deserve to be recognized and this was my way of giving back on the anniversary of my surgery.”

You can find out more about Gifts of Gratitude—and make a gift of your own—at www.giftsofgratitude.ca. Thank you!

**gifts of
gratitude**
Donations made personal

Aspen Grove Society: Meet Jack and Pat!

What Matters More Than the Health of Our Families?

“Pat is a registered nurse and I’m a registered psychiatric nurse, so health care has always been important to us. And Humber is our family hospital—here for our family and our neighbours. The people here are what makes Humber so special. We are in a position to give back to our community and we are proud to do so. We made a decision to give half now and leave half in our Will. This ‘blended gift’ was perfect for us. We know the need is urgent right now, today. And we also feel great knowing that we’ll still be helping in the future. Whatever the future of health care is, Humber will be able to respond and remain on the leading edge.” – Jack

“Both our children were born at Humber and have been treated here since. In fact, one of our sons needed a kidney transplant and I donated one of mine to him. Without our health what do we have? Jack and I have seen our boys in dire need of help, and Humber has been there for us. There is so much to look forward to in the future, and we are very proud to be part of that.” – Pat



Thank you to Jack and Pat for sharing their story. You are welcome to contact me anytime for a confidential conversation about Humber’s Aspen Grove Society and how you can help our neighbours forever with a gift in your Will.

– Caterina Magisano, Director of Development, 416-242-1000 ext. 81516, cmagisano@hrh.ca



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