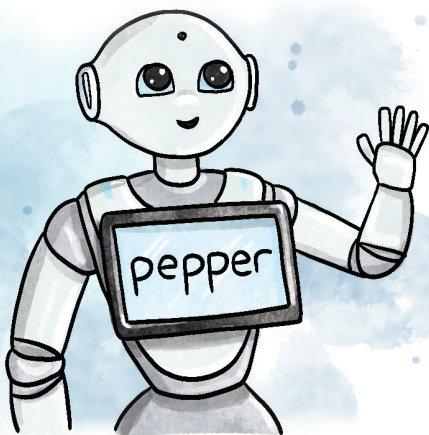


@ YOUR HUMBER

MEEP! MORP! ZEEP! Follow Me!

Join Pepper the Robot for a tour of your generosity in action!



Hello, my friend!

My name is Pepper and I am a humanoid robot here at Humber River Hospital. Today, I'm delighted to give you a tour of your kindness and compassion at work. Let's go!

Beep! Let me quickly check the latest COVID-19 stats for you. Since the start of the pandemic, we have done 133,000 tests at Humber—and counting! And I heard from Chantal, a Medical Laboratory Technologist:

Our team has been hard at work, non-stop, since the beginning of the pandemic. I'm so proud that we push through every day. Everyone is working collaboratively and even though there are moments when we are overwhelmed, we are getting it done together.



Here we go!

Let's whiz over to the Apotex Emergency Department (ED). As you know, this is the busiest ED in the city! Beep! Let me check my stats. We had over 135,000 patients here last year!

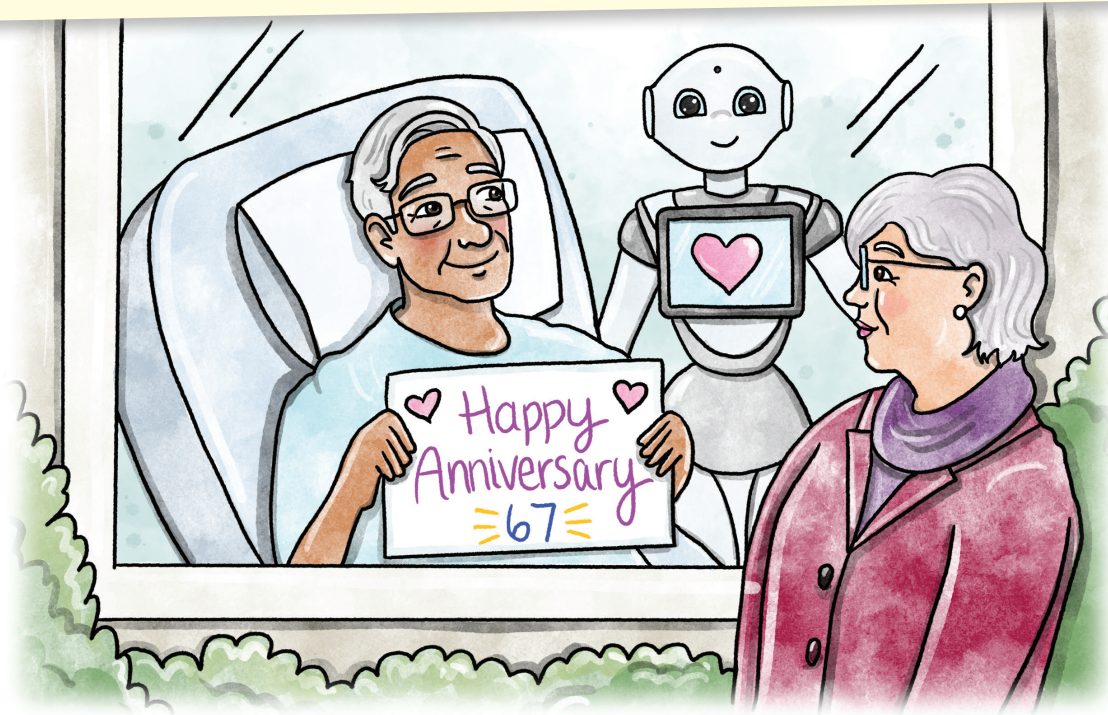
Your caring and generous gifts helped every single one of them. Thank you for being awesome!

Friends, I have an update on your support here in ED and with the Patient Comfort Fund:

Continued...

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"Emergency is our interface between the Hospital and the community. And it's where we see first-hand the impact of COVID on our most vulnerable communities, including the immediate neighbourhoods around our Hospital. The Patient Comfort Fund allows staff on the frontlines to identify patients most in need, and offer them a hot meal and transportation home. Thanks to you, hundreds of patients in our community have already been helped, and you're continuing to help more people every single day." - Umwali, Manager of Equity and Inclusion



Beep!

Before I go, I want to share this last beautiful story from Ida, our Patient Family Liaison:

"One morning, one of my patients, an elderly gentleman, told me that his 67th wedding anniversary was coming up, that he had never been separated from his wife for this long, how terribly he missed her and that they'd never missed an anniversary. He asked me if I could help, so we arranged to bring him downstairs so he could see his wife and family through the window for a safe and physically distanced celebration. We helped

make him a sign, and we also gave him a nice, clean shave to see his wife."

Thank you for your kind and caring heart. If you have questions about your gifts in action, if you're interested in programs like monthly giving, Champions of Health, Aspen Grove Society, or if you're interested in getting involved in planning your own fundraiser, you can contact my friend Saneh at the Foundation office anytime at sansingh@hrh.ca or 416-242-1000, ext. 81517.

"I am forever grateful for the team that saved my life. This Hospital gave me another birthday, and it was my gift to give back."

Fabio, an ED Nurse, was in the ambulance triage and received a call from dispatch that a patient was coming in with difficulty breathing. "When he was brought through those doors, he was semi-conscious," says Fabio. "We immediately transferred him into a resuscitation room, and that's when I recognized him—Tony was a dialysis patient and had been in the week before with fluid in his lungs."

Fabio and his team stabilized Tony as he started to lose consciousness and stopped breathing. They quickly put him on a ventilator, resumed

his dialysis and transferred him to ICU.

"Waking up in the ICU was the biggest trauma of my life," remembers Tony. "It was so scary and upsetting, but during my three days in ICU, I realized the gift I had been given. I also learned that one of my nurses was Fabio, and it really hit me that he remembered me from before. That level of compassionate care...All I wanted was to say thank you."

For Fabio, meeting Tony again and receiving his Gift of Gratitude was emotional. "I work with a great group of people and we care for our patients tremendously," says Fabio. "We rarely get to

hear what happens after

someone

leaves our care, and receiving a Gift of Gratitude from Tony really made me feel honoured. We were just doing our job that day, and it is inspiring to know our patients feel our impact. Things like this reaffirm why I got into nursing."

You can find out more or give your own Gift of Gratitude today at hrhfoundation.ca/gifts-of-gratitude

gifts of gratitude
Donations made personal



You Make The "Next Stage" Of Health Care Possible

Bringing the innovations of our Hospital into our homes and neighbourhoods

You may remember hearing about Humber's home dialysis program—a critical program you help make possible. A recent innovation in the program involves the NxStage Machine, a small and portable dialysis unit that can be used in condos, apartments and retirement homes.

Together with your amazing support, we were able to purchase 10 new machines in 2020! We also want to send a special thank you to our *Champions of Health* leadership donors who were able to purchase one of these machines together with a matching gift donor.

Continued on back page...

You Make The "Next Stage" Of Health Care Possible

continued

And here's another example of your generosity in action bringing the Hospital into your neighbourhoods and homes. Our H.E.A.R.T. program (Humber's Elderly Assess and Restore Team) gets older patients out of the Hospital, and away from potential exposure to COVID-19, quickly and safely. 100% of H.E.A.R.T. patients are released with at least the same level of function as they had when admitted, and 37% were discharged with better functional skills! However, right now only 14% of eligible patients can access this program.

Your continued support will provide crucial help funding our full-time researcher to help expand this program across our Hospital!

Aspen Grove Society: *Remembering and Loving Our Lois Lane*



"Lois and I met at university. She asked me to dance, but they were playing rock and roll that I couldn't dance to. Luckily, the music changed and we had our first dance. When we got married she took my name,

becoming Lois Lane. And she worked here at the Hospital in the 1970s, before getting into local politics. Humber was always Lois' hospital, even from the time she was 2 years old. Greg was born here. And when she got sick, Humber cared for her right until the very end. Every time Humber was mentioned, she would just light up." – Frederick

"Mum didn't put up with a lot of nonsense. As a journalist she was curious about everything, always chasing down stories. And even when she was a patient here, she got to know everyone. I remember there was a man here who used to bring her meals. She found out he was going to New York City for the first time and got \$40 changed into American cash. She pressed it into his hand and told him he had to go and eat as many hot dogs as he could. That's the generous heart that I miss every day, but I know that her impact is still felt here at Humber and across the city. And I feel close to her knowing that her generosity continues because she left Humber in her Will." – Greg



You may have heard about our Aspen Grove Society, a program for donors who have taken the inspiring step of remembering Humber in their Will. If you would like more information, or to have a confidential conversation, I would love to hear from you. – Caterina Magisano, Director of Development, 416-242-1000 ext. 81516 or cmagisano@hrh.ca.