

@ YOUR HUMBER

Your Kindness at Work: Coronavirus Response at Your Hospital

Thank you to all our neighbours and donors for your amazing support!

It's been overwhelming. Just like in your own life, the Coronavirus (COVID-19) pandemic has been the biggest story in our lives here at Humber River Hospital. Every single day, we are so proud and humbled by the dedication and commitment of our frontline healthcare workers. Not all heroes wear capes—our heroes wear Personal Protective Equipment (PPE)!

But our doctors, nurses and other frontline staff are not the only heroes we are celebrating today.

We are also celebrating YOU!

The response from donors and neighbours, like you, has also been overwhelming! Thank you, so very much, for being a

caring and compassionate friend of our Hospital. Our donors like you are giving to our **Emergency Response Fund**, donating PPE for our frontline staff and giving **Gifts of Gratitude** that will help pay for meals and transportation for our staff as part of our **Humber Frontline Support Fund**.

Our promise to you is this: we are here for you, your loved ones, your neighbours and our city. No matter what else this virus brings us, with your support, we will continue to be here to respond.

"What I worry about the most is the exhaustive psychological toll this will have on our frontline staff...As professionals, my colleagues and I must find a way to soldier on in these darkest of times and I have complete confidence that we will. This is a marathon and we must endure and, despite our fears, we will find solace in the service of others." - Dr. Ahmed Mian, Humber Emergency Department Physician

You can continue to stay informed about our latest

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response by checking out our website at www.hrhfoundation.ca. **You are also invited and encouraged to contact us directly at sansingh@hrh.ca or 416-242-1000 ext. 81517 if you have questions about your crucial support at this time.**

As you know from public health, every action counts right now to keep our communities safe. What action can you take to help our frontline staff this week? If you're able to give, that would be amazing! Your gifts will provide critical support to our frontline healthcare workers and also to patients and families. Thank you!

Meet Maurice: *"It's a matter of gratitude!"*

We recently sat down with Maurice, who has been supporting our Foundation for over 17 years!

Humber: What are you doing to keep healthy these days, Maurice?

Maurice: Well, I'll be 94 in June and a big part of my good health comes from exercise. Sure, I use lighter weights than I used to, but I still commit to exercise with weights and walking as much as I can.

Humber: Do you remember why you gave to us in the first place, all those years ago? We're so very grateful for your continued support. Thank you!

Maurice: My wife and I both had cataract surgery nearly 20 years ago, and we were both just so well treated. It was a matter of gratitude that we started giving. And there was no reason to stop because what the Hospital does, and continues to do, is very important. I also was

back at Humber to get a pacemaker last year and it only reinforced those feelings. Humber is there for me, and for everyone, without question of who you are. Right now, we all need to look out for each other, and I know that every little bit counts for our Hospital.

Humber: You are also a Champion of Health, making a leadership gift every year to our Hospital. That's so generous! Why does that matter to you?

Maurice: It's still an extension of repaying the kindness of people who helped me. I appreciate what the Hospital does for me and others. You folks saved my friend's life just recently! I give to where the need is greatest because I trust the Hospital. I know the Hospital is making good use of my gift and that feels really good.

If you want to find out more about the Champions of Health giving program, you can contact Daniela Campoli at 416-242-1000 ext. 81529 or dcampoli@hrh.ca.

Gifts Of Gratitude Update: Your gifts really make our staff smile!

Thank you to our kind and generous donors who are giving Gifts of Gratitude to recognize and honour our frontline staff. Here are just a few of the lovely and thoughtful messages we received recently:

"To all the dedicated Hospital staff during this time, thank you for your continued bravery and help through this difficult period." – Pauline

"Thank you to all our heroes working tirelessly around the clock. Bless your passion and commitment to your profession during our most trying of times. Thank you for battling COVID-19 head on! Keep well." – Daniela

"MILLE GRAZIE to every single one of you. You deserve it!" – Paola

**To honour your caregiver, please
call 416.242.1000 ext. 81500 or visit
giftsofgratitude.ca.**



Meet Kathy:

*"Humber looked after my family
and so we look after Humber."*

This year, Humber recognized Kathy with a bronze Loyal Hearts pin, commemorating more than 10 consecutive years of donations.

"My father had his first heart attack and his first cardiac arrest when he was 35. Humber saved him. I donate in memory of my parents because Humber River Hospital meant so much to them. I've never donated for recognition, but I proudly wear my Loyal Hearts pin and it feels really nice to be recognized."

Our Loyal Hearts Program recognizes and celebrates donors who have reached or surpassed milestone years of consecutive giving to Humber—10, 15, 20+ years. Thank you to all our amazing Loyal Heart donors!

Bringing Our Hospital Into Your Homes:

*Innovations that you help
make possible!*

You recently received a letter sharing stories of how we are bringing Humber into your homes with our innovative home dialysis program.

As you'll recall, home dialysis was pioneered and perfected here at Humber by Dr. Pierratos and he has been working on this for decades. Most recently, he shared an urgent need to buy new NxStage machines, which are small and portable dialysis units that can be used in compact homes, condos, and apartments and even in retirement homes. I'm thrilled to share that many of our donors have responded, but there is still time for you to give and help us purchase more life-saving equipment.

For another perspective on this story, we also want you to meet David. David shares how Humber changed his life—and how he has made a promise to give back, forever.



"Nearly 40 years ago, I was diagnosed with kidney disease. My life changed overnight. For the rest of my life, I was going to need dialysis 3 times a week for 4 hours at a time. Little did I know that

Dr. Pierratos was going to pioneer a dialysis solution that would change my life once again. Because of Humber River Hospital, I can do my own dialysis, at home, while I'm sleeping. It's this kind of passion and innovation that makes me a proud supporter of the Foundation. I see for myself, every single day, how dedicated the Humber team is to my health care. I can't imagine my life without our Hospital.

I'm living proof that anything can happen, at any moment. You just don't know when you will need the hospital. That's also why I've decided to leave Humber in my Will. I know the money will be used well, just as it is today. I believe that all of us have a responsibility to support our Hospital today and into the future. It feels really good to know that the Hospital will continue to be there for my loved ones and for other people like me, forever."

This spring, we are launching our **Aspen Grove Society** for donors like David who remember Humber River Hospital Foundation in their Will. If you would like more information, or to have a confidential conversation, you can connect with **Caterina Magisano, Director of Development, at 416-242-1000 Ext. 81516, or cmagisano@hrh.ca. Thank you!**

