

A Life Saved at Humber: Augusto Hablich



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I'm not ready to die, please do everything you can to save my life.

Augusto has faced many health challenges in his life: he struggles with Type II Diabetes, has had one of his legs amputated and is a three-times-a-week dialysis patient at Humber. These are not easy things to manage but his frequent visits to the Hospital contributed to saving his life.

When he was at Humber for one of his recent dialysis treatments, Augusto began experiencing chest pain. X-Rays and CT Scans revealed blood in his chest and it was determined that he was suffering a thoracic aortic rupture – a life-threatening emergency. Time is not on your side with this kind of a rupture; 90% of people who experience them do not make it to the hospital. Of the people that do make it to hospital, only 50% survive. Because Augusto was already at Humber, an emergency vascular surgery team, led by vascular surgeon Dr. Luis Figueroa, was able to react immediately.

Dr. Figueroa assessed that Augusto's rupture could be treated using the endovascular method which only requires a pin-sized hole through which surgical tools are deployed to repair the aortic rupture from the inside. The alternative is opening the patient's chest cavity completely which, for Augusto, would not have been a good option. This is an invasive operation that requires a lengthy recovery and Augusto would likely not have survived this type of surgery.

Augusto had one final request for Dr. Figueroa before heading into surgery: "I'm not ready to die, please do everything you can to save my life." Thankfully Dr. Figueroa is fluent in Spanish because Augusto does not speak much English – a reassuring coincidence during a frightening ordeal. Dr. Figueroa understood his patient's pleas and, like with any surgery he performs, he did whatever he could for his patient.

Being a patient at North America's most digital Hospital where the most advanced medical care is available is an important part of Augusto's story. The endovascular surgery that he qualified for was made possible with leading edge technology available at Humber. All of Humber's technology is in place for one reason: to enhance patient outcomes. Augusto was treated in one of our Interventional Radiology Suites - a hybrid OR which is equal parts surgical suite and highly advanced medical imaging space, complete with state-of-the-art Discovery IGS technology. It was this powerful imaging tool that made Augusto's endovascular surgery possible.

Being in the right place at the right time, finding a doctor who speaks your language, being treated in North America's most digital

CONTINUED FROM FRONT PAGE

Hospital all combined to help Augusto get through this traumatic health journey. The incredibly skilled surgeon, Dr. Figueroa, and his team of anesthesiologists, nurses and healthcare professionals saved Augusto. Our donors and supporters are also a big part of this happy ending. It's because of your continued commitment to helping Humber reinvent patient care that we are able to be there with the right technology and tools for patients like Augusto. For all that you have done and continue to do, thank you.

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Dr. Luis FigueroaVascular Surgeon
Humber River Hospital

Dear Friends,

Please doctor, do what you have to, I'm not ready to die.

I'll never forget those words. My patient, Augusto, said them to me minutes before we rushed him into one of our interventional radiology suites for emergency surgery.

We don't leave many things to chance in medicine. But Augusto's story that you've just read was the culmination of a variety of unlikely factors coming together in exactly the right place and at exactly the right time. As a generous donor, you are an essential part of that serendipity.

Thanks to your support, I was able to operate on Augusto in a state-of-the-art suite where a Discovery IGS imager helped me see the tiniest veins in his body. Using a minimally invasive

technique, we repaired Augusto's aortic rupture using a hairline incision, which was especially important since he would not have survived an open procedure due to his complex health issues.

Today, when I see Augusto and we exchange pleasantries in Spanish, our native language, I think back to that day and I'm grateful that I was here to save him. Every day going forward, when I'm operating on a patient I will think of all the donors who made this remarkable Hospital possible.

Thank you for giving me the tools I need to save lives. I can tell you, from the front lines, there will always be more patients to save and we will always need your support to bring innovation, technology and new thinking to Humber. Please continue to consider Humber when you are making your charitable contributions this year – many lives in our community depend on it.

Thank You for Investing in Patient Care Reinvented

The following individuals and organizations have answered the call for better healthcare by recently donating more than \$100,000 in support of Humber River Hospital.

\$512K

The Paul B. Helliwell Foundation

\$480K

Jack & Pat Kay

\$250K

Michael & Margaret Marrese \$150K

Emery Village Charities \$100K

John O'Connell



ੈ Patients should feel reassured that Humber is investing in this practice.

Paul B. Helliwell Foundation Invests in OR Black Box Research Project

As Dr. John Hagen, the Chief of Surgery at Humber River Hospital will tell you, "it's the strangest thing to be a surgeon because other than your patients' results, you don't really have any way of knowing how you're doing or what areas you could improve."

Aware of the profound impact that recording technology had on the aviation industry in reducing errors and saving lives, Dr. Hagen has welcomed a similar technology into 3 of the 16 Humber River Hospital operating rooms: the OR Black Box.

This technology (which includes cameras, audio equipment, an extremely powerful computer, specialized analyzing software and much more) captures what goes on during

surgery, including conversation, number of people in the room, how many times the door to the OR opens and closes and patient vital signs. The laparoscopic videos (footage taken by cameras inside the patient) are analyzed and can be reviewed by the Humber River Hospital surgeons to see where improvements in technique could be made. A computer algorithm also detects and flags moments of interest to be evaluated and areas for improvement are reported back to the Hospital. All of these features offer surgeons a unique opportunity to learn and improve skills anonymously, resulting in better patient outcomes.

St. Michael's Hospital is the headquarters for the Black Box research project and collects

data from participating hospitals across Canada in the hopes of one day sharing consolidated results, trends and learnings with the international medical community. Humber is proudly at the forefront of this international research project to improve surgical safety thanks to the support from our donors.

The Black Box Technology was made possible by a generous donation from the Paul B. Helliwell Foundation. "I think consistently learning and improving is essential in any field but when it comes to surgery, it's perhaps even more vital," says John Jenah, President of the Paul B. Helliwell Foundation. "Patients should feel reassured that Humber is investing in this practice. Humber and Dr. Hagen care deeply about their surgical staff being the best they can possibly be but also about sharing knowledge with others in the field. I'm so proud that the Paul B. Helliwell Foundation is on the ground floor of bringing this technology to Humber River Hospital."

Jack and Pat Kay: Child and Adolescent Urgent Care Mental Health Clinic



The Child and Adolescent Mental Health Program at Humber River Hospital is expanding thanks to the generous support of our longtime donors and volunteers Jack and Pat Kay.

Our Urgent Care Clinic bridges an important gap between young mental health patients admitted through the Emergency Department (ED) at Humber who are treated for acute conditions and are deemed healthy enough to be discharged. Although these young patients may not require admission as an inpatient, many still require support. The Urgent Care Clinic, staffed with a social worker and psychiatrist, is open seven days a week to provide three to six follow up appointments for child and adolescent mental health patients post discharge. This clinic supports vulnerable patients and connects them to other community resources to support them in avoiding future crises. This is a benefit for mental health patients in our community as well as a vital partnership with our Emergency Department. This support will reduce

return visits and demand on our Emergency Department, Ontario's busiest single site ED.

For decades the Kay Family has personally supported the Mental Health Program here at Humber and their recent investment will have a huge impact. "We have been affected by mental health first hand. Our son has faced challenges and we have witnessed the difficulty in accessing resources," says Pat Kay. "It is wonderful to see mental health being talked about more these days but the reality is there is still a stigma and still a huge need for funding, especially in community hospitals. Humber is our Hospital, we see the need for this clinic in the community and we are proud to support it."

Thank you Jack and Pat for all that you do for Humber.

People Care. It's in Our DNA

Every day, in almost every way, our staff, physicians and volunteers at Humber go above and beyond to make our patients feel comfortable, hopeful and at ease. Here are some patient care champions who make our Hospital a friendlier, happier place:



Nadiyah Husain Registered Nurse, Birthing Unit

"What's special about our birthing unit is that our patients really trust us. Our nurses always ask the family what their wishes are for childbirth, and then we advocate for what they want and need. Trust and patient advocacy are really important."



Dalton Hylton Infection Control Unit Aide

"I work here, and I've always wanted to do something charitable to give back. Humber is a special Hospital. It's very familyoriented. Starting the BecomeOne Annual Sky's The Limit U14-15 Girls Basketball Tournament last year meant I got to bring two of my passions together – basketball and fundraising for Humber. It was a great event. We had 8 teams and the girls all had a lot of fun. The next one will be in May!"



Victoria Crowder-Bansen Clinical Practice Leader, Nephrology

"When I had my surgery here, I was completely cared for by my work family and my real family. Because my definition of family included friends and colleagues that I trusted, they could be there for me too, as soon as I woke up. As a healthcare provider, I would say that this model of care is amazing. There isn't a word to describe the comfort of knowing that your family is there. Every opportunity was given to me to feel safe."

The Humber Difference: Vascular Surgery

Our donors have helped to enable our staff to provide the very best in patient care, serving thousands of people in our community. You have saved lives. Here's how the Vascular Surgery Program has excelled over the past year with your help:



Most vascular surgeries at Humber are performed in one of our five Interventional Radiology (IR) Suites – a cross between an operating room and medical imaging suite, so surgeons can see, diagnose and operate all in one room, all at one time.

5,000+

exams and procedures performed in our IR suites across vascular surgery, radiology and cardiology in a year. Humber is one of the few hospitals in Ontario whose interventional radiology area is shared by three different departments.



inpatient and outpatient procedures performed in our dedicated vascular surgery suite, one of a small handful that exists in the province. Most vascular centers perform their cases in the OR. By having a dedicated suite at Humber we can free up our OR's for other cases and see more patients.

Discovery IGS imagers, powerful imaging systems that help doctors use minimally invasive techniques to treat heart and blood vessel problems.

When we opened in 2015, we were the first hospital in the GTA to have more than one, helping to pave the way for excellence and leadership in this specialty.

Our achievements have been many, but our need is still great. We need your help to stay ahead of a changing world. This is your Hospital and the Humber River Hospital Foundation relies on your generous donations to support our growing community. After all, reinventing patient care is as much about the next innovation as it is about the current one.

McHappy Day Supports Humber's Totally Kidz Clinic



For seven years and counting, local McDonalds owners, Ann and Ferd Schroeder and Jon MacDonald have donated their McHappy Day funds to Humber River's Maternal and Child Department. Since the very first McHappy Day/Humber partnership, they have raised a total of \$97,026.60!

This event grows each and every year to support Humber's Maternal and Child Progam. This year's funds will to go to support our brand new Totally Kidz After Hours Clinic. The Totally Kidz Clinic is an innovative answer to a particular need in our community – healthcare for children outside of regular doctor's office hours.

Humber's Emergency Department is the busiest single-site ED in Ontario, so when you

come home from work and realize your child has a bad stomach ache and needs to see a doctor, an ED is often the last place you want to end up. The Totally Kidz Clinic is a child-friendly space staffed with our Hospital's exceptional paediatricians and open seven days a week from 5:00 pm to 9:00 pm. The clinic is working to better serve the needs of our community's young families and to alleviate unnecessary pressure on our ED.

Thank you Ann, Ferd and Jon for your commitment to children's health in our community!

We look forward to making it an annual date night.



Best of Italy

Nick and Nadia DiDonato of Liberty Entertainment Group are graciously hosting The Best of Italy wine event again this year!

Join us at the Liberty Grand (Exhibition Place) on Friday June 8th from 6:00 pm onward and taste some of Italy's most prestigious wines. Last year a strong contingent of the Humber Community enjoyed the evening and will be back again this year for more sipping and tasting all in support of Humber River Hospital. We'll see you there!

"My fiancé and I attended the Best of Italy event last year – such a great vibe, great wine and delicious food too. We had so much fun and it was great seeing everyone. We look forward to making it an annual date night."

Dr. Thomas Constantine (pictured above) Plastic Surgeon, Humber River Hospital

Visit www.bestofitaly.ca to buy tickets (\$150).





LIBERTY GRAND ENTERTAINMENT COMPLEX

25 BRITISH COLUMBIA RD. EXHIBITION PLACE, TORONTO, ON M6K3C3

Friday, June 8, 2018 | 6PM - 10PM

Best of Italy trebicchieri WINE TASTING

An exclusive presentation of top-rated Italian wines from the Gambero Rosso Vini d'Italia 2018 guide

IN SUPPORT OF





Thank You Cameo Kitchens!



We are excited about our upcoming annual gala event: The River Ball! While the décor and music might change each year, the support from our community remains constant.

For the third year in a row, Cameo Kitchens and Tasco Appliances are donating a \$50,000 dream kitchen renovation for our always thrilling live auction. Over the past two years, this live auction item has raised a total of \$84,000 at the gala. Marwan and Lori-Anne Rizek, owners of Cameo Kitchens, are amazing partners of the Foundation and we had the chance to ask them a few questions about why they've supported Humber for so many years.

Tell us how you first got involved with the Hospital and why you support Humber?

We were approached by a friend to do a tour of the Hospital. Marwan and I chose to support our regional hospital as we believe in the new concept and Humber's vision for healthcare.

Is there a special program or area of care at Humber that you are connected to?

In today's age, there are many families that are struggling with mental health. We feel it is a serious problem in our society and contributing to the exceptional program at Humber River Hospital is rewarding.

What do you enjoy most about the River Ball and being a part of the live auction?

It's a fun-filled evening helping and supporting a great cause! We feel good giving back to our community by supporting with the Cameo/ Tasco live auction dream kitchen renovation.

Is there anything else you would like to share about your involvement?

The wonderful people we have met volunteering their time have inspired us. It is enlightening to learn of the many advances that the Hospital continues to provide. Volunteering allows you to connect to your community and make it a better place. Even helping out with the smallest tasks can make a real difference to the lives of people, animals and organizations in need.

Oh behalf of Humber, thank you Marwan and Lori-Anne for everything you do! We look forward to celebrating with you at the gala on May 10th!

To say that the Allison family has "helped" is a vast understatement.





The Allison Family Tree

a community that needed the support has turned into years of involvement and a family affair. "What can we do to help?" asked Paul and Rose Allison when they first became involved with Humber. Their simple question kicked off a remarkable relationship with Humber River Hospital.

While the Allisons' support of Humber started with Paul and Rose joining the Hospital and Foundation boards respectively (Paul served as the board chair when Humber opened the new Hospital in 2015) and becoming donors themselves, they've expanded their own involvement and recruited their family to join them. A true measure of a philanthropist is someone who not only gives generously themselves but continues to bring their networks into the fold as well – the Allisons are leaders and influencers and Humber, we are proud to say, is the beneficiary.

When Paul went to Italy the first time as a member of Team Revolution (a group of dedicated cyclists who fundraise for the Hospital while training for and competing in Granfondo races in Italy) he tackled the

physically demanding event with his brother Mark. The following trip two years later, Paul's son, James, and Rose's brother, Serge, joined the team. For 2018, the Allison team is expanding once again to include Mark's wife May, and Rose's other brother, Vince.

Notably, their team, Carley's Angels, was also the top fundraising group in 2016.

If you can believe it, the Allison family commitment to Humber goes beyond fundraising and donations. Jessica Allison, Paul and Rose's daughter, is a dedicated member of the Humber staff and has been since 2015. Talk about dedication!

"We had no idea what the extent of our involvement would be when we first started working with Humber," said Rose. "It has been an extremely rewarding experience to help build this incredible Hospital. But it's not over, this is just the beginning."

To say that the Allison family has "helped" is a vast understatement. Not only do they exemplify the spirit of Humber River, they share the Hospital's dream of a brighter future and for that, we are thankful.

High Impact: Dialysis

All donations, big and small, are at work every day in our Hospital. Investment in new technology requires significant support from donors, which we are grateful for. Sometimes impact is felt in smaller details that require innovative thinking and team work to bring to fruition.

Today, we are excited to share two examples of donors making a difference in the lives of our Dialysis patients:





SonoSite Ultrasound

Thanks to a generous donation from Linda Tyrrell in memory of her husband Jack, we recently added three SonoSite Ultrasound machines to our department. This special equipment helps nurses see deep veins and arteries in the arms and legs, which assists with inserting needles that are needed for dialysis. This is especially important to help nurses avoid damaging patients' fistulas (the life line artery) and decreases broken veins. This is beneficial to our in-Hospital patients, but also for our Home Hemodialysis patients. In fact, the late Jack Tyrrell participated in the home dialysis program under the watchful eye of Dr. Andreas Pierratos, making this donation all the more special.

Ear Bud Project

At any given time, there could be over 100 patients in our Dialysis Unit receiving their treatment. Each patient has access to their own IBT to watch movies or TV shows, plus many will use their four-hour stay at the Hospital to phone friends or relatives. It can get quite noisy in the unit, which is disruptive to patients who want to rest, and can also interfere with work flow for our care teams. Thanks to a donation from The Mickey Fienberg Fund, every patient now has ear buds that are used to enjoy their media of choice. Patients who use hearing aids were provided with over-the-ear headphones. Today, our unit is quiet and peaceful, except for the occasional laugh from someone watching their favourite TV show!

Impact comes in all shapes and sizes. Thank you for continuing to make our patients feel comfortable while being cared for every day in our Hospital.

Donation Form

☐ YES I would like to make a monthly gift to Humber River Hospital Foundation in the amount of: per month ☐ YES I would like to make a one-time donation to Humber River Hospital Foundation in the amount of:								
First Name:			Last Name:					
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☐ VISA	☐ MasterCard ☐ AMEX		Receipts for income tax purposes are issued for donations of \$20 or more. Donations of less than \$20 are receipted upon written request. Unless otherwise requested, monthly donors receive a consolidated tax receipt every January for the previous year's giving.					
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