



Patient Care Reinvented.

IMPACT REPORT 2016/2017



"Humber River Hospital Foundation raised \$12.3 million this past year."



Dear friends,

Thank you to our donors, community partners, board members, Hospital staff, physicians and volunteers for helping the Humber River Hospital Foundation raise \$12.3 million this past year. As we celebrated our first year in the new Hospital, your support of our events and programs has allowed us to continue to grow with the needs of our Hospital.

Late in 2016 I was pleased to announce the appointment of Colleen Albiston as the Foundation's new President and CEO. Colleen brings vast corporate and non-profit experience to her role. We are well positioned to elevate the visibility of Humber and move into the next phase of our fundraising which will focus on the extraordinary programs of care within our Hospital.

Over the past 9 years, our community supported the campaign for the new Hospital, which funded the construction, equipment and opening of our state-of-the-art home. Your support as a donor helped to fund hospital beds in a building that boasts 80% private rooms; Automated Guided Vehicles ('robots') that deliver non-narcotic prescriptions to patient floors so that nurses can spend more time at the bedside; a Hug and Hold program that allows parents to escort their young ones into surgery eliminating the need for pre-anesthesia anxiety medications in our paediatric patients; and so much more.

Today, as we expand and use our building to its maximum potential, our needs continue to grow and evolve. Our fundraising is needed to invest in the programs, technologies and equipment to continuously enable Humber to reinvent patient care in all of our programs of care such as Maternal Child, Cancer Care and Surgery, of which you'll read about in this Annual Report.

We will always need your help to stay ahead of a changing world and the Foundation relies on your generous donations to support our growing community. Thank you.

Yours in fundraising,

Roy Scaini

Chair, Board of Directors, Humber River Hospital Foundation



Dear friends,

Late last year I was delighted to be presented with the opportunity to join the Humber River Hospital Foundation as your new President and CEO. Over the months since joining the Hospital I have come to believe that "Patient Care Reinvented" is much more than a tag line. The Foundation has a key role in elevating awareness about the great people and work being done at Humber and we drive fundraising to support the Hospital as it uses technology and innovation to reinvent patient care.

This year the number of new donors is up, the total funds raised continues to rise, and the cost of fundraising continues to fall. This is made possible by a dedicated group of volunteers and donors who contribute their time and money to the Hospital, and thousands more who they encourage to participate in events to raise funds. The stories these members of our Humber family have shared with me about why they support our Hospital are varied but the common denominator is the quality of care. Some are in awe of the beautiful facility where they visited a loved one and the communications technology that kept them informed, some are patients grateful for a procedure using a new technology that improved their health outcome identifying a tumor that would not have been found or an innovative procedure that reduced their recovery time but all talk about the people who provided their care. They marvel at the high tech that enables high touch.

I am excited to work with our board, our team, and other volunteers in the year ahead to ensure that we are raising the funds to allow our programs of care to access the latest equipment and technology and develop innovative programs that continue to improve patient outcomes. In the pages ahead you will read about some of these innovations that reduce the time a patient stays in the hospital, accelerate their recovery time to return to their family, and reduce the stress of the family through enhanced communications.

The year ahead will be an exciting one. Your support and continued engagement will make all the difference.

A handwritten signature in blue ink, appearing to read 'Colleen Albiston'.

Colleen Albiston
President & CEO
Humber River Hospital Foundation

"... the common denominator is the quality of care."

Maternal Child Program



High Tech: Welcome Lucina!

There's a new addition to the Maternal Child Department! This year, we welcomed Lucina, a childbirth simulator that prepares staff for all stages of labour and delivery. As Lucina progresses through the stages of childbirth, her baby automatically descends through her birth canal, and even crowns and rotates. Staff can safely practice various labour and delivery maneuvers, depending on the unique situation before them, during a realistic and controllable birthing process. Lucina also simulates many delivery complications including shoulder dystocia, cardiac arrest, postpartum hemorrhaging, and the need for an emergency Cesarean section, which supports team training for obstetric emergencies, airway management, and mechanical ventilation. She automatically responds to clinical interventions when they are performed correctly, giving learners important realtime feedback – even providing advanced CPR metrics that measure the consistency of compressions and ventilations. Simulation training like this is essential for training staff so that they can practice deliveries in a safe environment.

High Impact: Humber Numbers

From April 1, 2016 to March 31, 2017, your donor dollars have had a huge impact on the patients, families and staff at Humber in our Maternal Child Program. Here's how:



3,589 BABIES BORN
89 MORE LITTLE BUNDLES OF JOY THAN WE PROJECTED

334 SETS OF TWINS
(BUT NO TRIPLETS YET!)



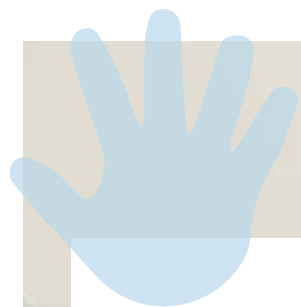
SEPTEMBER WAS OUR BUSIEST BABY MONTH, WITH
322 BABIES BORN (THAT'S OVER 10 A DAY!)



255

PAEDIATRIC SURGERIES PERFORMED, WITH ALMOST EVERY PATIENT GOING TO SLEEP IN MOM OR DAD'S ARMS THANKS TO OUR HUG AND HOLD PROGRAM





High Touch: Baby Giancristian

No parent dreams of spending the first few weeks of their baby's life in a hospital. But for Baby Giancristian, Humber's Paediatric Inpatient Unit became home for three weeks as he battled a life threatening infection. As his doctors and nurses fought to save his life, Giancristian was able to heal his little body in a single patient room surrounded by soothing sunlight, except at nap time when his nurse would tint his dynamic glass window to dark. Mom and Dad never left his side, each would take turns spending the day with Giancristian, playing with his favourite toys, reading to him and making sure he knew he was never alone. During the day, Dad was able to work remotely right from the 4th floor in a special space our staff gave him. And at night, both Mom and Dad stayed over in the recliner chair that pulled out into a double bed, so if baby woke up in the middle of the night, they were always right there to rock him back to peaceful sleep.

Mom, Dad and baby are now at home and the future looks bright for the family. Thank you for bringing the comforts of home to Humber for our littlest patients and their parents.



Surgery Program



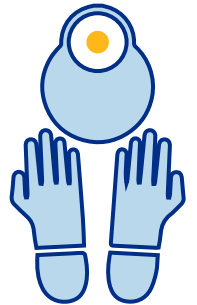
High Tech: First Anterior Hip Replacement in the GTA!

Traditionally, hip replacements are done by cutting through muscle from the side or back of a patient, resulting in months of recovery time and mobility precautions. That's why, when Dr. Sebastian Rodriguez performed the GTA's first anterior hip replacement it was a massive leap forward for Humber River Hospital. Using the Hana Table, funded by donor dollars, Dr. Rodriguez is able to perform hip replacement surgery through the front of a patient's hip between the muscles, which minimizes trauma, typically leads to less pain, and results in a faster recovery. His approach spares tissue and requires less surgical dissection, meaning less bleeding and less trauma for the patient. Anterior hip replacements do not require tendons and muscles to be cut, so patients are able to make quicker recoveries, and report experiencing less pain and more stability after surgery. Best of all, this minimally invasive procedure allows some patients to leave the Hospital within a day, compared to a typical hip replacement hospital stay of three to five days.

High Impact: Humber Numbers

From April 1, 2016 to March 31, 2017, your donor dollars have had a huge impact on the patients, families and staff at Humber in our Surgery Program. Here's how:

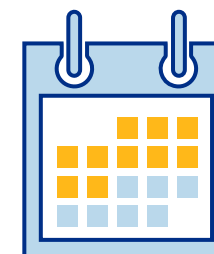
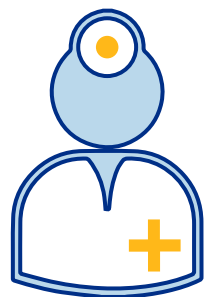
35,361
SURGICAL PROCEDURES
WERE PERFORMED AT HUMBER,
INCLUDING DAY SURGERY
AND COMPLEX CASES



OUR SURGEONS, ANAESTHESIOLOGISTS,
NURSES AND ALLIED STAFF SPENT

24,331 HOURS
IN ALL OF OUR ORs, WITH
MULTIPLE PROCEDURES HAPPENING
SIMULTANEOUSLY WITH VARIOUS
SURGICAL TEAMS

10,295
SURGICAL PROCEDURES
WERE PERFORMED BY OUR
UROLOGY TEAM, THE MOST
CASES BY DEPARTMENT



3.2 DAYS

AVERAGE LENGTH OF STAY FOR PATIENTS
ON THE INPATIENT FLOORS FOLLOWING
SURGERY, MOST OF THEM IN A SINGLE
PATIENT ROOM SO THEY CAN HEAL
SURROUNDED BY THE ONES THEY LOVE



High Touch: Sandy

When Sandy learned she had breast cancer, she immediately thought she would receive treatment at a downtown cancer centre. But hearing her speak about Humber and the family-like environment she was able to heal in, you can tell Sandy is so glad she chose a different route. Today, Sandy has completed her breast reconstruction surgery with Humber plastic surgeon, Dr. Thomas Constantine (or Dr. C as he is affectionately known). For her post-surgery follow up appointment, Sandy visits the Plastic Surgery Clinic, which is conveniently located only 30 feet away from the Portal D entranceway on the south side of the Hospital. Sandy is warmly greeted by name by Nurse Joan, who tells everyone to call her Joanie, her nickname earned during her 41-year career at Humber.

Thank you for helping us create a familial, happy atmosphere at Humber for our surgery patients. Like any true family, success and triumphs are celebrated together, giving hope to all patients that there is so much life to live after cancer.



Cancer Care Program



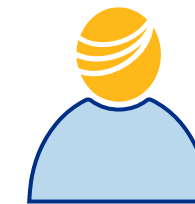
High Tech: MediTech Oncology Solution

Humber River Hospital was the first hospital in the province to integrate the MediTech Oncology Solution, which is used in our Cancer Care Program to order, book, schedule and track each patient's treatments. This integrated system reduces the risk of error that comes with writing and rewriting information while transferring data between systems, and because all patient information is in one place, it provides a single view of a patient's progress. MediTech also connects seamlessly with the RIVA robot, which prepares chemotherapy drugs at Humber in a fully contained enclosure. RIVA prepares these drugs, and performs multiple weight checks and barcode scans throughout to ensure doses are accurate and complete for every individual patient. The entire system is designed to mitigate the potential for human error, to increase efficiency in our Cancer Care Program, and most importantly to keep patients and staff safer.

High Impact: Cancer Care

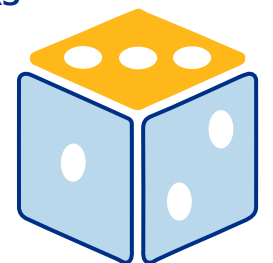
From April 1, 2016 to March 31, 2017, your donor dollars have had a huge impact on the patients, families and staff at Humber in our Cancer Care Program. Here's how:

622 PATIENTS IN OUR CANCER CARE PROGRAM RECEIVED CHEMO TREATMENT **5,211** TIMES – THAT'S OVER 20 TREATMENTS EVERY DAY (MONDAY TO FRIDAY) GOOD THING WE HAVE A BIG, BRIGHT CHEMO CLINIC



THE TOP 3 TYPES OF CANCERS TREATED AT HUMBER ARE:

- 1** MULTIPLE MYELOMA
- 2** PROSTATE
- 3** COLON



11 NUMBER OF BREAST RECONSTRUCTIONS PERFORMED AS ONE DAY BREAST PROCEDURES – AN INNOVATIVE TECHNIQUE THAT COMBINES THE REMOVAL OF BREAST CANCER WITH IMMEDIATE RECONSTRUCTION IN ONE SURGERY – SO PEOPLE CAN START HEALING FASTER AND GET BACK TO THEIR LIVES

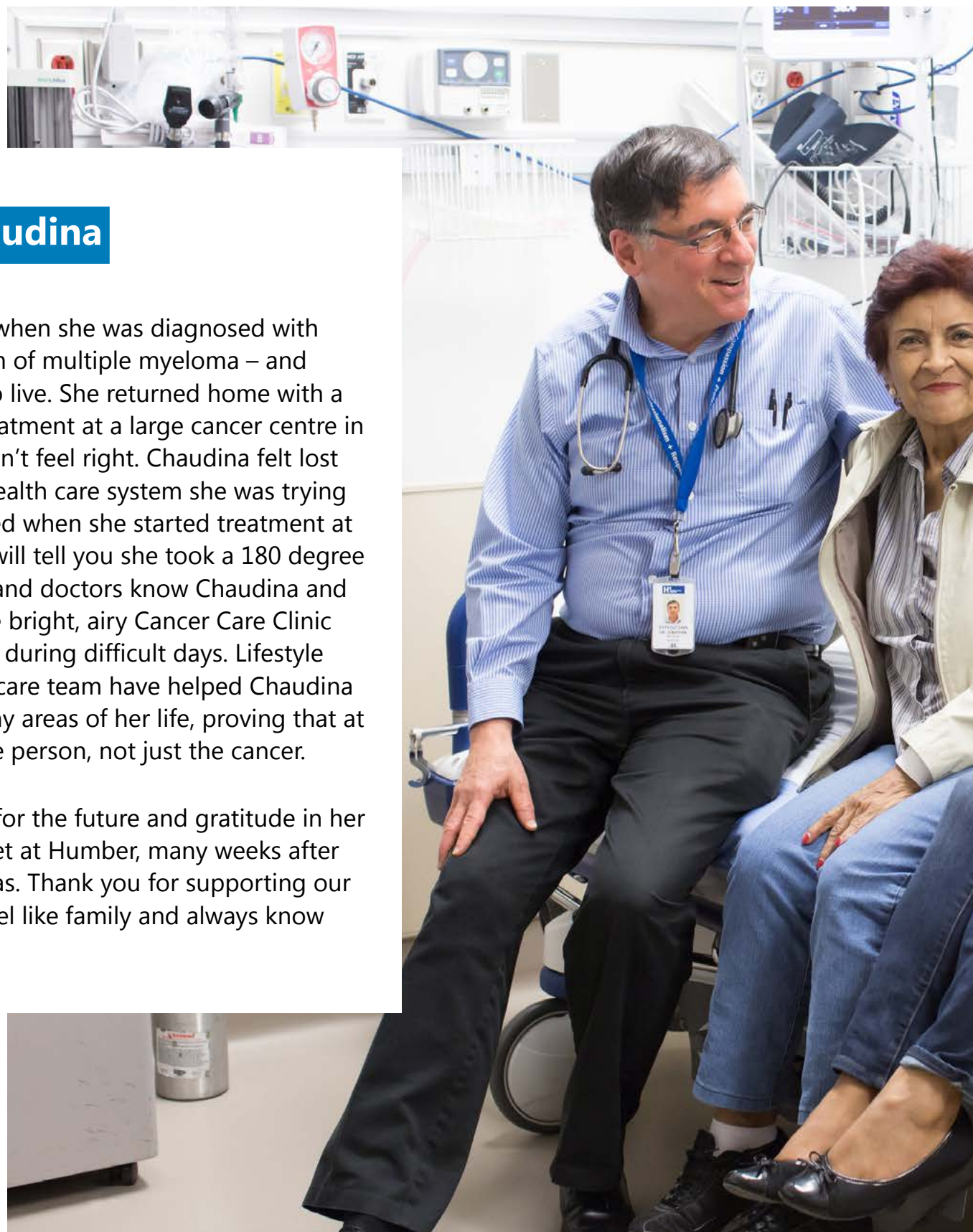




High Touch: Chaudina

Chaudina was in Germany when she was diagnosed with cancer – an aggressive form of multiple myeloma – and was given only one week to live. She returned home with a heavy heart and sought treatment at a large cancer centre in Toronto. But something didn't feel right. Chaudina felt lost in the large and complex health care system she was trying to navigate. All that changed when she started treatment at Humber, in fact her family will tell you she took a 180 degree turn for the better. Nurses and doctors know Chaudina and her family by name and the bright, airy Cancer Care Clinic brightens their mood, even during difficult days. Lifestyle changes suggested by her care team have helped Chaudina make better choices in many areas of her life, proving that at Humber, we treat the whole person, not just the cancer.

Today, Chaudina has hope for the future and gratitude in her heart for everyone she's met at Humber, many weeks after her initial diagnosis overseas. Thank you for supporting our Cancer Care team – they feel like family and always know your name.



We're Social!



Follow **@HRH_Foundation** on Instagram as we take you into the heart of our Hospital through the amazing people who work here. Plus, we'll take you behind the scenes of North America's first fully digital hospital. Here are just a few examples of some of our favourite Humber people who are making a difference every single day.

Elena Zevlever, Lactation Consultant



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hrh_foundation "As a society, we don't see many women around us breastfeeding, so a lot of our observation is of bottle feeding only. It's not uncommon for new moms to need help breastfeeding, which is why my job isn't just in the Birthing Unit or the Mother and Baby Unit – I also work in the Prenatal Clinic, and am sometimes asked to help moms in NICU, the Intensive Care Unit, and even Emergency. I love when soon-to-be moms come to lactation class. There are so many things we can show them, even before the baby is born."
- Elena Zevlever, Lactation Consultant

hrh_foundation #humberriverhospital #patientcarereinvented #hrhfoundation #healthcare #hospital #digitalhealthcare #toronto #ontario #innovation #prenatal #childbirth #lactation #breasfeeding

mollymaid90 I love this woman! Elena is truly

55 likes
MARCH 24

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Moska Hamidi, General Surgery Resident



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hrh_foundation "The most rewarding thing about being a surgeon-in-training is that I get to see the impact my work has on someone's life. I chose to come to Humber for part of my surgical training because I heard the surgeons here are excellent – and they have lived up to that expectation in every way. I work with people I want to emulate, who are not only competent and technically gifted, but are also passionate, humble and strive to achieve the best outcomes for their patients."
- Moska Hamidi, General Surgery Resident

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pushbeyond_digital

samantics_

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APRIL 17

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Monica Elligsen, Oncology Nurse Navigator, Breast Health



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hrh_foundation "I am the primary contact for many of Humber's breast cancer patients from diagnosis onward. One of the best things about my job is how accessible I can be to our patients – they have my direct phone number and email address so they can ask me questions at any time! I provide a lot of psychosocial and information support, and help them work through the often overwhelming choices they have for chemo, surgery, and breast reconstruction. Because it's my role. I have the time to sit with them for the time that they need. My daily routine is completely patient-centered. Whatever our patients need is what forms my day."
- Monica Elligsen, Oncology Nurse Navigator, Breast Health

hrh_foundation #breasthealth #oncology #cancer #cancercare #breastcancer #nurse #nurses #nursesofinstagram #humberriverhospital #patientcarereinvented #hrhfoundation #healthcare #hospital #toronto #ontario

51 likes
MARCH 28

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Financial Summary

We raise funds to support the programs, technologies, and equipment that make Humber River Hospital's superior patient care a reality. At Humber River Hospital Foundation, we are accountable first and foremost to you, our donors. Since the day we opened our new facility we've proudly stayed ahead of a changing world always innovating to continue reinventing patient care well into the future. We are driven by our commitment to ensure the most money possible is transferred to the Hospital for this purpose.

We continue to see an increase in total donations received.

Thanks to the support of our donors, excluding net investment income, we raised a total of **\$12.3 million** for the year ending March 31, 2017, a **15% increase over \$10.7 million** for the prior fiscal

We achieved **excess of revenues over expenses of \$8.4 million** for the year, representing a **19% increase over \$7.1 million** for fiscal 2016

As a result, we were able to **transfer a total of \$7.6 million** to Humber River Hospital for the year ending March 31, 2017

The following pages highlight the financial activity of the Foundation for the 2016/2017 fiscal year with comparison to 2015/2016. The Foundation is audited by an external auditing firm at the end of each fiscal year. A copy of the Foundation's audited financial statements are available on our website at www.hrhfoundation.ca.



Summary Financial Information

Statement of Operation and Changes in Fund Balances

(Canadian \$ in thousands)
For the year ended March 31, 2017

| | Total | |
|--|-----------------|------------------|
| | 2017 | 2016 |
| Gross Revenue | 12,330 | 10,678 |
| Expenses | 3,915 | 3,607 |
| Excess of revenues over expenses before the following | \$8,415 | \$7,071 |
| Net Investment Income | 530 | (70) |
| Gifts to Humber River Regional Hospital | (7,585) | (8,620) |
| Al Palladini Scholarship fund | (10) | (10) |
| Excess of revenues over expenses for the year | \$1,350 | \$(1,629) |
| Funds balances, beginning of year | 10,783 | 12,412 |
| Fund balances, end of year | \$12,133 | \$10,783 |

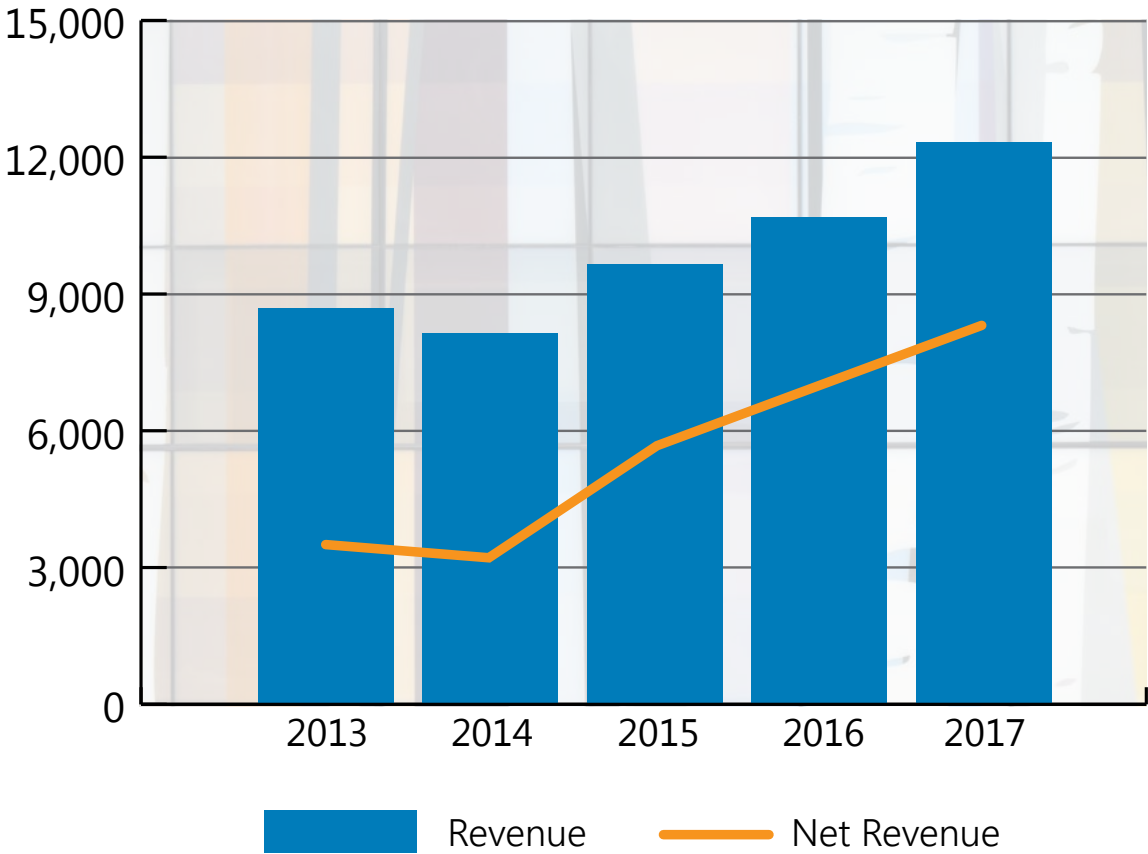
Balance Sheet

(Canadian \$ in thousands)
March 31, 2017

| | 2017 | 2016 |
|--------------------------------------|-----------------|-----------------|
| Assets | | |
| Cash and investments | 12,497 | 11,177 |
| Other Assets | 241 | 260 |
| | \$12,738 | \$11,437 |
| Liabilities and fund balances | | |
| Liabilities | 605 | 654 |
| General fund | 3,701 | 4,000 |
| Restricted fund | 8,432 | 6,783 |
| | \$12,738 | \$11,437 |

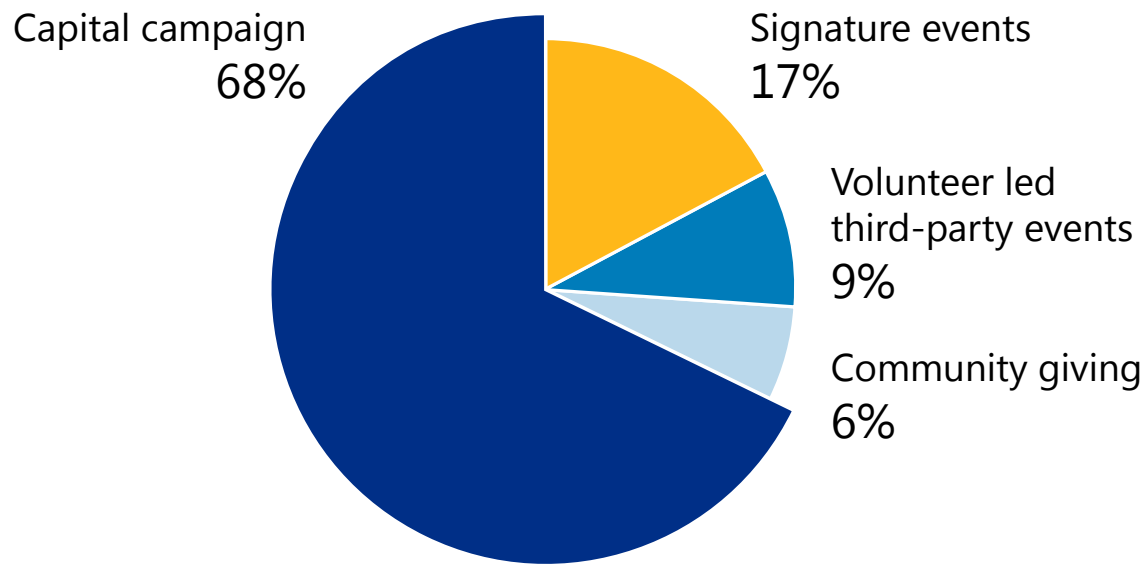
Historical Trend

(Canadian \$ in thousands)
For the year ended March 31, 2017



Revenue by Source

For the year ended March 31, 2017

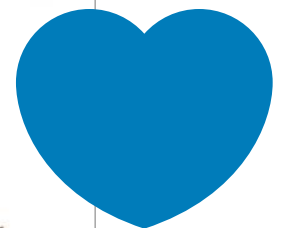


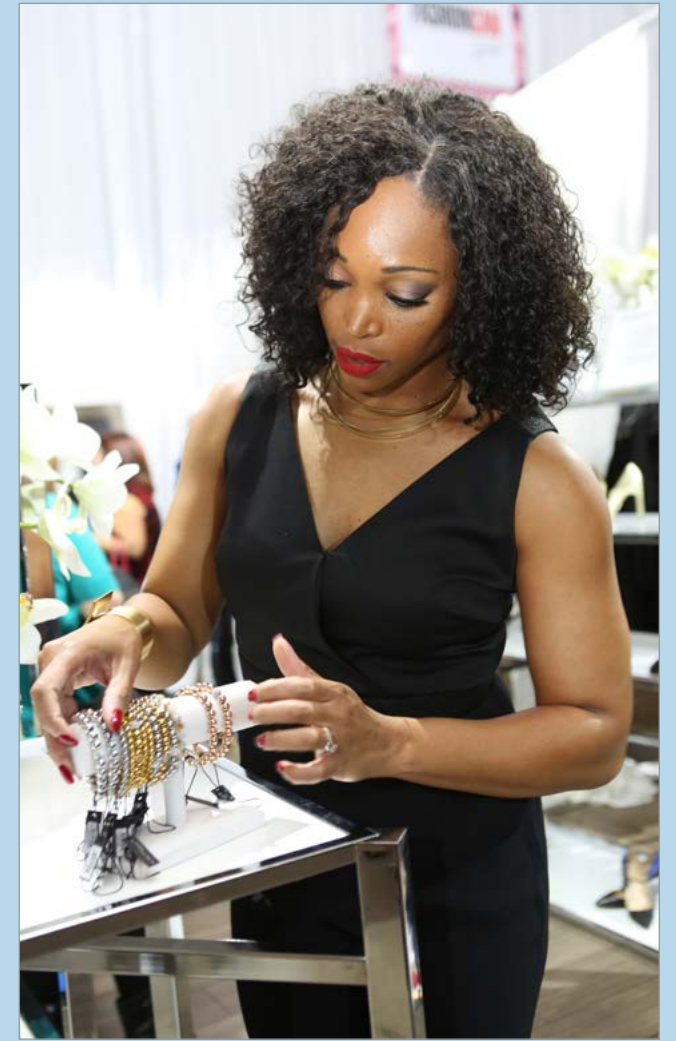
Friend-raising

Our events are high profile and high impact, raising millions of dollars towards our efforts to innovate and stay ahead of a changing world. Our guests have a great time while helping us reinvent patient care, implement new technology and purchase equipment.

The River Ball, AWESOME Golf, YOU+ The Women's Event and Team Revolution are staples in our event roster and continue to sell out and get better year after year. But we're also lucky to work with so many external partners and friends who see the value in aligning their brands with Humber. This past year, we pay special tribute to the Nordstrom Toronto Opening Galas and The Million Dollar Challenge presented by ByPeterandPauls.

Thank you – together, we are enhancing patient outcomes!







Thank You

Thank you. Two words we can't say enough. Thank you to all our donors, volunteers, board members, doctors, and staff who have supported Humber this past year.

Thank you for helping us build an impressive state-of-the-art facility that has attracted world-wide attention. Thank you for enabling us to attract and retain the right physicians and staff to ensure that the best possible outcomes are paired with the most compassionate care. Thank you for investing in the possibility of a vibrant and healthy community. Thank you for continuing to support the Humber River Hospital as we prepare for the future. We are fulfilling our promise of patient-centred care every day. Without you this would be impossible.

To see your name amongst our family of donors, visit www.hrhfoundation.ca/our-thanks/we-like-to-thank/.

For more information on how your gift is being recognized, please contact:

Sheila Street
Manager, Donor Relations and Annual Giving
ssstreet@hrh.ca
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