



2017 | ISSUE 9

The Humber Difference: Intensive Care Unit

The new Humber River Hospital has been designed to make patients and their families feel comfortable, safe and cared for with these unique touches in our Intensive Care Unit:

- 48-bed capacity which occupies the entire 6th floor making our unit the largest community hospital ICU in the GTA
- Humber's new ICU is expected to reach full capacity within three years of opening, to meet the healthcare service requirements of our growing community
- All inpatient rooms are single patient rooms with recliner chairs for a family member to spend the night
- Visiting hours are 24 hours a day, seven days a week to accommodate patient and family needs
- Digital technologies are used to ensure patient safety and allow doctors and nurses to spend more time caring and healing
- Daily bedside rounds with the inter-professional teams are conducted, giving families the opportunity to ask questions and get updates on their loved ones

Because of you: We survived a horrible house fire

It was just before the holidays, on December 19 in fact, when Nelu and I were having lunch. All of a sudden, the smoke detector in our home went off. We walked to the back of the house and saw the back bedroom engulfed in flames. I ran outside and called 911 and I thought Nelu was right behind me. But he stayed behind, trying to put out the fire to save our home.

Within 10 minutes Nelu couldn't breathe and his face was covered with burns. The ambulance and fire fighters arrived and quickly rescued him and brought us by ambulance straight to Humber River. I was so scared in that moment – I wasn't sure if Nelu was going to make it and our home was destroyed.

“I ran outside and called 911 and I thought Nelu was right behind me. But he stayed behind, trying to put out the fire to save our home.”

Once we arrived in the ER, the doctors and nurses went to work stabilizing Nelu before transferring him to the Intensive Care Unit which became our new home while my husband recovered from smoke inhalation and mild burns.

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I am honoured to join the Humber River Hospital Foundation as President and CEO.

With each day that has passed since I began working with this great organization in December, I have become more excited about the challenges and the opportunities ahead. Working with Barb Collins, the hospital's new CEO, and her team has been informative and energizing. Each tour I have taken of different areas of the hospital has

taught me more about how we are using technology to advance care for our patients. Every meeting I have with our doctors, nurses and other caregivers leaves me inspired by their knowledge, passion and commitment.

The Humber River Hospital was built for the future and it will continue to grow with our community. It is equipped not only with the most advanced technology but it also has the infrastructure to manage technology that has not yet been invented. On top of that, it was built with a commitment to patient-centred care. This is a place where a parent can stay with their child right up until their eyes close before an operation, and where single patient rooms allow patients to feel more comfortable and safe.

Our tagline, Patient Care Reinvented, comes to life for me each and every day as I see the technology and people in this building all

work seamlessly together.

This beautiful hospital was made possible in large part by the generosity of our donors. The Foundation is in the early days of an exciting journey, one that will ensure that the hospital continues to provide the highest-quality patient care. We will stretch the limits to continue to be North America's most digital hospital and to ensure we are getting the most out of the investments we have made with donor dollars.

In the coming months as we move forward with our fundraising, I look forward to sharing more stories about programs of care, helping you understand the direct impact of your donations.

Colleen Albiston,
President and CEO,
Humber River Hospital Foundation

cover story

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As we settled into our single patient room, I could tell the nurses and staff would soon become like family. On the day we arrived I was wearing my house clothes and didn't bring any toiletries with me. But I couldn't go back to our fire-ravaged house. The next day, a nurse in the ICU came into my room with clothes, pajamas, a toothbrush and soap that she brought from home for me. I thought I was going to cry! Her thoughtfulness and kindness were so appreciated in that moment.

I was able to stay with Nelu every night thanks to the recliner chair that turned into a bed. The amazing staff got us whatever we needed and helped me make my bed every night with bed sheets. We spent the holidays in the hospital, but it was still

“As we settled into our single patient room, I could tell the nurses and staff would soon become like family.”

a happy time. Plus, on New Year's Eve, our family came to join us and we rang in 2017 together.

As Nelu grew stronger, we were transferred to the 8th floor. After we were discharged, over two weeks from when we first arrived at Humber, we went back to visit the ICU staff to say thank you. Our experience at Humber was very different than at other hospitals and we will forever have gratitude in our hearts for the compassion, dignity and warmth we felt every single day we spent here.

Nelu is getting stronger each day and we are rebuilding our home. Thank you to all the donors who have helped to save Nelu's life. Your support helps staff like our nurses in the ICU heal patients and give hope to their families for the future.

Thank You for Investing in Patient Care Reinvented.

The following individuals and corporations have answered the call for better healthcare by recently pledging more than \$100,000 in support of Humber River Hospital.

\$1,700,000.....The Estate of Arne and Beverley Clausen

\$500,000 Anonymous

\$137,741.....The Joyce Family Foundation

People Care. It's in our DNA.

Every day, in almost every way, our staff, physicians and volunteers at Humber go above and beyond to make our patients feel comfortable, hopeful and at ease. Here are some patient care champions who make our hospital a friendlier, happier place:



"I'm a people person by nature, so working at Humber has been a natural fit for me. I enjoy helping and being around people so I go the extra mile to help our patients, even if sometimes it's outside of my job. When patients arrive for their appointment, some are nervous or uneasy. I think it's important for me, as their first person of contact, to help put them at ease, show them a smile and reassure them that they are in good hands here at Humber."

Candice Durrant,
Clerical Associate, Breast Health Clinic



"Our patients motivate me every single day as I help them navigate through our hospital. Everyone who works here has been on the other side of healthcare as a patient. We all know what it's like to be scared or unsure and we all remember the people who cared for us when we needed them. Knowledge and expertise are of course important. But if I can change a patient's day with a helping hand or a friendly chat, then that's a good day for me. That's what I would remember as a patient."

Patty Quinan,
Body Access Coordinator, Nephrology



"I take an active role in helping to motivate and energize our team in Cardiology because I think it's important that everyone enjoys coming to work and we all have a great experience while we are here. This helps us put our best smiles and attitude forward as we meet and treat our patients. I've had my own experiences in hospitals with family and I know how I like to be treated – I always have this at the top of my mind while working here at Humber to ensure we provide the best care experience for our patients."

Vinoth Muthurajah,
Team Lead, Cardiology

Impact: Nephrology Department

Thanks to a recent \$500,000 investment by an anonymous donor to Humber's Nephrology Department, our Home Dialysis Program is receiving a much needed helping hand to make life better for our patients who receive dialysis treatment at home.

Humber's Home Dialysis Program is a revolutionary program invented at our Hospital that provides complete nephrology care remotely, so patients receive their dialysis treatments in the comfort of their own homes.

This process is safe and reliable for the approximately 100 patients who are currently enrolled, but dialysis technology is outdated, unserviceable and not cost effective to maintain. Any machine failures would result in transporting patients to HRH for care, but the Hospital's in-centre program is currently at 100% capacity. Furthermore, many patients desire an improved quality of life that demands portability for their dialysis treatments.

Change is on the horizon. With this generous donation, Humber will be able to acquire numerous pieces of upgraded equipment as well as provide seed funding to launch a trial of leading-edge portable Home



Hemodialysis technology that has the potential to change the way dialysis is delivered for all patients.

Here's how the Portable Hemodialysis Modality (or "dialysis in a suitcase" as we like to call it) has the potential to improve patient's lives:

- Provides complete freedom to patients for travel, leading to improved quality of life and independence for patients
- Easier to use and more reliable than current technology, making it safer for patients
- Eliminates the installation cost per patient for electrical and water supplies
- Eliminates need for redundant equipment (at fixed locations)

Thank you to our donor for impacting change at Humber today and tomorrow!

Snapshot: ICU in our first year

Our donors have helped to enable our staff to provide the very best in patient care. **You have helped us serve thousands of people in our community.** You have saved lives. Humber has been open for over a year now, here's how our ICU is excelling with your help:



ICU OCCUPANCY IN OUR FIRST YEAR WAS

109%

DUE TO LIMITED SPACE AND BEDS, THE AVERAGE WAIT TIME FOR A BED IN THE ICU AT OUR LEGACY SITES WAS 8-12 HOURS.

AT OUR WILSON SITE, **25% OF PATIENTS FROM THE ER WHO REQUIRE ICU ARE ADMITTED WITHIN 90 MIN.**



This immense improvement can be directly attributed to having the equipped physical space that our donors have helped create.

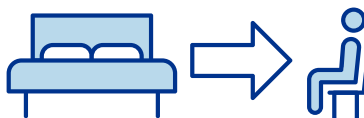
FROM OPENING DAY TO PRESENT, ON AVERAGE

50%-75%



OF OUR PATIENTS REQUIRE A **MEDICAL VENTILATOR** TO ASSIST WITH BREATHING.

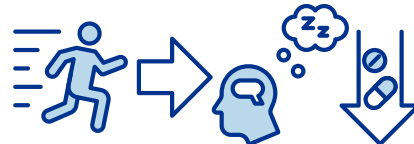
ALL OF OUR PATIENT ROOMS HAVE A CEILING LIFT. WITH THIS EQUIPMENT WE ARE ABLE TO GET PATIENTS OUT OF BED INTO A CHAIR.



IN 2016

WE **WERE ABLE TO WALK EIGHT INDIVIDUALS** WHILE STILL ON A VENTILATOR WITH THE ASSISTANCE OF OUR ALLIED TEAM.

RESEARCH DEMONSTRATES THAT **INCREASING MOBILITY FOR ICU PATIENTS LEADS TO LESS USE OF SEDATIVES, IMPROVED SLEEP, AND A REDUCTION IN DELIRIUM.**



THE END RESULT IS A DECREASED LENGTH OF STAY IN THE ICU AND A REDUCTION IN LONG TERM COGNITIVE IMPAIRMENT.

Our achievements have been many, but our need is still great. Your support today will open the door to endless possibilities and your impact will be felt for years to come. Because what you imagine today becomes what our patients can imagine tomorrow.

Thank you for making us McHappy since 2010!

An annual tradition, and one of our favorite days here in the Foundation, has helped thousands of children and their families at Humber feel better as they get better. McHappy Day, a national initiative, takes place every May and mobilizes support across the country for children's health programs. Humber began participating in 2010 when owner/operator Jon MacDonald partnered his two locations with our Hospital.

Since then, we've welcomed Ann and Ferd Schroeder and their multiple McDonald's locations into our fold. Year after year, McHappy Day is an energetic, rallying event that brings out staff and volunteers from the Hospital - a CEO or two have even been known to hold down the drive thru during the lunch rush!

With over \$72,000 raised in seven years, our partnership with Jon, Ann and Ferd continues to grow and the response from our community continues to help make life better for kids in our Hospital. Each year, we also welcome volunteers from our corporate partners such as PwC who help us stir up excitement and smiles from customers, leading to further donations.

Join us for McHappy Day on May 3 and help us continue this initiative of good fun and good food all for a good cause.



Visit the following 16 locations to support Humber

- 630 Keele Street
- 2625 Weston Road
- 2 Ingram Drive
- 2781 Dufferin Street
- 2362 Finch Avenue West
- 2116 Kipling Avenue
- 1168 St Clair Avenue
- 710 St Clair Avenue West
- 1807 Eglinton Avenue West
- 2525 St Clair Avenue West
- 1305 Lawrence Avenue West
- 1530 Albion Road
- 2267 Islington Avenue
- 1735 Kipling Avenue
- 3929 Keele Street
- 1831 Finch Avenue West



Thank you to our Community Partners

Business owners, residents and organizations from far and wide across our community came together in a big way to fundraise for our Hospital and celebrate our patient centered approach to healthcare.

From September 2016 to February 2017, the following fundraising events have been held in our community to help with the ongoing needs of our Hospital:

Shoppers Drug Mart Growing Women's Health September 10 to October 7, 2016



Swiss Chalet Customer Appreciation Night September 13, 2016



Pizzaville Happy Birthday Humber October 18-31, 2016



Emery Venetial Ball gala October 28, 2016



Downsview 8K and 5K Run/Walk November 13, 2016



Rotary TV Auction November 25-27



Best of Italy

trebicchieri

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TICKETS AND INFORMATION AVAILABLE AT

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IN SUPPORT OF THE
HUMBER RIVER HOSPITAL FOUNDATION



Fabulous Philanthropists: Diana DeFulviis and Mary Mauti

When guests arrive for The River Ball: Havana Nights by the River on May 4, they will be treated to a fun-filled, action packed evening, with every detail from start to finish meticulously planned and executed. Memories will be made and they will be talking about the event for weeks, even months to come.

But what they might not see are the hours of hard work, determination and constant resolve of two women who always have the best interests of Humber at heart. Since 2009, Mary Mauti has been co-chairing the Foundation's annual gala and in 2016, she was joined by Diana DeFulviis to helm our biggest event of the year. Guests excitedly anticipate the big reveal of each year's theme and every September, Mary and Diana come together with their dynamic sales committee to start dreaming of how they will create an experiential night for guests and sponsors.

With millions of dollars raised for Humber over the years, all eyes are on this year's event as guests ask themselves, what will they do next? But the patients, staff and physicians at Humber are always top of mind for Mary and Diana:

"Everything we do is for the people of Humber River Hospital. Both of us have had to turn to this Hospital in our time of need, and we couldn't be more proud of a place we helped build with our fundraising efforts. There's no other hospital like Humber and we want the whole world to know that. Sometimes we face obstacles and setbacks in our work to bring this event to life, but that just makes us stronger and more determined. We tell ourselves: our community, our families, our Hospital need us. And we need you."

Thank you Mary and Diana for showing us what's possible when you dream big (fabulous) dreams! If you want to join Mary and Diana at The River Ball, book your table today by calling **416-242-1000 ext. 81525**.



Doctor of Philanthropy Award

Every day, patients in our Hospital experience life-changing care at the hands of our skilled surgeon Dr. John Hagen. As Chief of Surgery, Dr. Hagen has helped advance Humber's surgical program in leaps and bounds, helping to attract the most brilliant doctors to our Hospital.

But beyond patient care, Dr. Hagen has also worked behind the scenes, helping to build a community amongst those who work here and in the greater community beyond our doors. He has given his time, talent and personal support to our Hospital and by setting this example, he has encouraged many others to do the same. For his achievements beyond medicine, we are honoured this year to present Dr. Hagen with our inaugural Doctor of Philanthropy Award at The River Ball on May 4.

In his own words:

"I'm very proud to work at Humber and I give because of the amazing, life-changing innovation we were able to actualize together. Just after the merger of three hospitals into one Humber River Hospital in the mid-1990, I remember going to our COO, Barb Collins, to talk about a revolutionary surgical procedure I wanted to bring to our hospital. At the time, minimally invasive surgery (MIS) was very new and very expensive but would change the entire patient experience. Patients would be able to leave the hospital quicker and get back to their lives. Barb immediately saw the value to our patients and advocated for this program to become a reality. Today, Humber is a leader in MIS procedures.

I will always be grateful to her and hospital administration for seeing what other hospitals couldn't – a way to be the hospital of the future a decade before our new Hospital opened. I thank them for believing in me then, and I thank all the donors and supporters who believe in my team now. Their help has been the biggest endorsement for our Surgery Department, making us the best destination for surgical care in the GTA."

YOU+ The Women's Event

Thank you to the over 500 guests who joined us on November 10, 2016 for the YOU+ The Women's Event. You came, you shopped, you cried, you laughed and YOU raised over \$110,000 for the ongoing needs of our Hospital.

We hope our guests enjoy their new outfits and accessories purchased at the event! Special thanks to our Premier Style Partner, Yorkdale Shopping Centre, and their wonderful retailers for joining us with their pop-up shops: Mulberry, The Face Shop, Mendocino, FashionCAN and Yorkdale Style Experience.



And finally, a heartfelt congratulations to Humber's own Caroline Alexander, our 2016 Humber Hero, who was recognized at the event. We know many of our guests were touched by Caroline's commitment to our patients – thank YOU for helping us honour this special friend and colleague.

Sam and Donna Ciccolini help Humber River Hospital become the first Hospital in Canada to acquire Cysview Technology

Two of Humber River Hospital's most loyal and passionate donors have helped the Hospital once again lead the way in revolutionizing patient care in Canada. Thanks to a generous investment directed by Sam and Donna Ciccolini, Humber has purchased Cysview & Blue Light Cystoscopy equipment for our Urology Department – making us the first Hospital in Canada to acquire this revolutionary technology. Clinical trials at the hospital have concluded successfully, with implementation of this cutting-edge technology into the hospital's clinic service expected to start this spring.

On March 31, 2016, Sam and Donna received the inaugural Community Builders Tribute Award, with a total of \$1 million raised at the gala event. At their discretion, all proceeds from the event were directed to support the Department of Urology at Humber in recognition of the pioneering work of Dr. Jack Barkin. Special thanks to Fausto Gaudio and Senator Con Di Nino for their efforts in co-chairing this special night.

"When we were chosen to receive the Community Builder's Award last March, we were extremely humbled by the honour and grateful for the opportunity to support a cause close to our hearts – Humber River Hospital," explain Sam and Donna. "Being able to see our support in a tangible way brings us great satisfaction and we are proud to have played a role in helping Humber become the first hospital in Canada to acquire Cysview."

Cysview is a patented, innovative technology that aids surgeons in the diagnosis and management of non-muscle invasive bladder cancer. Using Cysview and Blue Light cystoscopy, tumours fluoresce bright pink, making a clearer delineation between healthy versus



tumorous tissue. This allows surgeons to find tumors more easily, and remove tumors before they go deeper into the organ. Overall, it's a more complete removal of the cancer that can prevent or delay a recurrence.



Donation Form

☐ YES I would like to make a monthly gift to Humber River Hospital Foundation in the amount of: _____ per month

☐ YES I would like to make a one-time donation to Humber River Hospital Foundation in the amount of: _____

First Name: _____ Last Name: _____

Address: _____ Suite/Apt.: _____ City: _____ Prov: _____

Postal Code: _____ Phone: _____ E-mail: _____

☐ Cash ☐ Cheque (Payable to: Humber River Hospital Foundation or a VOID cheque for monthly giving)

☐ VISA ☐ MasterCard ☐ AMEX

Card #: _____

Name on Card: _____

Expiry Date: _____ Signature: _____

☐ I authorize HRH Foundation to send me e-mail updates on the fundraising activities of the Foundation and updates on Humber River Hospital. I understand that I can change my preferences at any time by contacting the Foundation at 416-242-1000 ext. 81500 or via e-mail foundation@hrh.ca.

Receipts for income tax purposes are issued for donations of \$20 or more. Donations of less than \$20 are receipted upon written request. Unless otherwise requested, monthly donors receive a consolidated tax receipt every January for the previous year's giving.



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Charitable # 11930 6306 RR0001

NL-2017ED9



Donate today so we can keep reinventing patient care for the community tomorrow.

This community deserves great hospital care. On the day we opened, that meant innovations like single patient rooms and cutting edge equipment that were ahead of their time. At the Foundation, we are determined to see the hospital stay at the forefront of patient care through new thinking and new technology. But we need your generous support to make this possible.

Please donate today.



Ways to Give

- Stocks & Securities
- Planned or Deferred Gifts
- Monthly Gifts/Gifts-in-Kind
- Community/ Third-Party Events

Donate Today

416-242-1000 ext. 81500
www.hrhfoundation.ca



LET'S RAISE A LITTLE
 MORE THAN THE ROOF!

THURSDAY, MAY 4, 2017

Universal Eventspace • 6250 Highway 7, Vaughan, ON



THE RIVER BALL

FOR MORE INFORMATION VISIT:

www.theriverball.ca or call 416-242-1000 ext 81500



HELPING IS PAR FOR THE COURSE

MONDAY AUGUST 14, 2017

LAMBTON GOLF & COUNTRY CLUB
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LBERARDO@HRH.CA OR 416-242-1000 EXT. 81525