



Michelle Massie is Grateful

When you talk to Michelle Massie about her care journey at the new Humber River Hospital, her thankfulness emanates – from her beaming smile, to her kind words, without a doubt, Michelle is grateful.

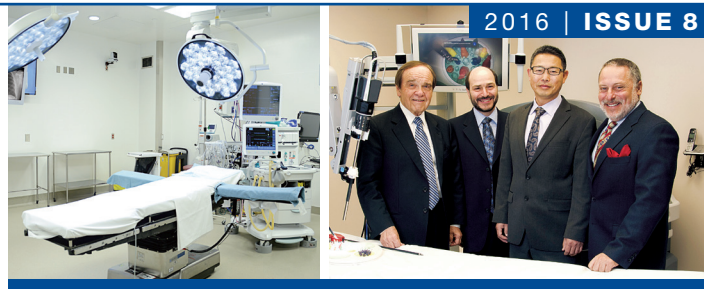
Michelle was diagnosed with Osteoarthritis (OA) in both hips in 2013. Since a severe cycling accident at the age of 19, she has had to manage chronic pain.

“Eventually I had enough. Enough pain,” Michelle said. By 2013, not only was she unable to conduct her activities of daily life, but she was often opting out of outings and activities because of pain. After exhausting all the different non-surgical avenues of treatment, such as physiotherapy and exercise, she decided in early 2016 to go ahead with hip replacement surgery.

Aware of a minimally invasive hip replacement procedure called the Direct Anterior Arthroplasty (DAA) through her own research, she hoped this new surgical approach for hip replacement would mean a faster recovery time and less pain. But there was a problem: no hospital in the Greater Toronto Area was properly set up to perform the procedure. So Michelle explored the idea of having the surgery done outside Canada.

Before Michelle consulted with physicians in the U.S. and Ireland, her family doctor encouraged her to speak with Dr. Sebastian Rodriguez-Elizalde at Humber River Hospital. At their first meeting, she was struck by his expertise and confidence as a surgeon, and also by his empathy and humanity.

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The Humber Difference: Surgery

The new Humber River Hospital has been designed to make patients and their families feel comfortable, safe and cared for with these unique touches in our Surgery department:

OR AV Integration: Each of Humber’s 20 operating rooms are equipped with integrated video systems, providing opportunities for education and consultation. Our expert surgeons have used this equipment to perform live surgeries through video feed to teach the intricacies of bariatric surgery to a conference of 500 international surgeons.

Steris RealView Patient Tracking System: Uses smartphone technology to help loved ones track a patient throughout their surgical journey, from registration through anesthesia and surgery, right to time of discharge. You’ll never wonder where they are.

Centre of Excellence for Bariatric Surgery: Humber is home to Ontario’s first Centre of Excellence for Bariatric Surgery and is the 1st program outside of the USA to be accredited as a Level One Program by the American College of Surgeons under its Bariatric Surgery Centre Network Accreditation Program.

Murphy & Helen Hull Robotics Centre: Our surgical program is equipped with state-of-the-art technology including our Murphy & Helen Hull Robotics Centre where surgeons perform robotic assisted surgery with the da Vinci Surgical System, a leading-edge medical technology using computer-assisted cameras to guide tiny robotic arms to access hard-to-reach areas with greater precision.

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Dear Friends,

Happy Birthday Humber!

It's hard to believe an entire year has gone by since we opened the doors to our beautiful new Hospital. A lot has happened in one

year - thousands of lives have been saved, hundreds of babies have been born. Our care givers are using the latest technology to deliver patient centered care every single day in so many ways throughout your Humber River Hospital.

We will continue to show you the ongoing impact that your generous gifts have made by sharing stories from within Humber – about our patients, staff and volunteers. In this newsletter you'll meet Michelle Massie – a grateful patient who experienced a revolutionary surgical procedure performed by Humber's Dr. Rodriguez using the Hana Surgical table, the only one of its kind in the GTA. Michelle was back in the comfort of her own home the very next day after surgery. Thanks to you, our patients have renewed hope and good health.

As we look back on our first year of operation, we also celebrate all of you – your compassion and generosity has lead the way to an unprecedented \$80 million raised to date for the ongoing equipment needs of our Hospital. Without you, this past year would not have been possible. Our doctors, nurses and allied health care teams are able to care, heal and give hope to our community like never before. And that's the best birthday gift we could ask for.

Please celebrate this one year anniversary as part of the Humber team – thank you for making a difference!

Sincerely,

Roy Scaini
Chair of the Board, HRH Foundation

cover story



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The timing was good, as Dr. Rodriguez was in the process of setting up a trial run of the Hana Orthopaedic Surgery Table at Humber. Michelle's surgery went extremely well. Admitted for surgery at 6:30 in the morning, she stood up and walked later that afternoon! While in surgery, her husband and her sister appreciated getting text message updates about her progress, thanks to Humber's Steris Realview Tracking System.

Michelle commented that the people at Humber – from those she met during the pre-op stage to her postoperative care – were some of "the kindest people I've ever met." Following surgery, Michelle stayed only one

night in hospital and was off pain medication after five days.

Sadly, Michelle's mother passed away seven days after her surgery. Because of her successful surgery, she was able to travel to her hometown and stand for hours to honour all those who paid their respects to her mother during the funeral and reception; a feat she could never have accomplished without her surgery.

As Michelle explained, "I can stand! I've had pain for 40 years. Now it's gone. It's unbelievable! I am starting a whole new life and enjoying – just a month after surgery – a higher quality of life now than I've had in decades."

Thank You for Investing in Patient Care Reinvented.

The following individuals and corporations have answered the call for better healthcare by recently pledging more than \$100,000 in support of the campaign for the NEW Humber River Hospital.

- \$1,000,000..... Community Builders Tribute honouring Sam & Donna Ciccolini
- \$416,000..... byPeterandPauls.com Million Dollar Challenge
- \$150,000.....Eva Ryterband
- \$100,000..... PwC Canada

Our People, Your care: Jason Collins

“I’ve been working at Humber for 10 years – I started at our legacy sites (Church and Finch) as a Unit Aide in the ICU, before moving to the Surgery Department.

During my time in the ICU, I learned the value of good patient care. I am lucky to have developed strong relationships with other staff and physicians, and I grew to understand the importance of compassion and respect for all patients in a healthcare setting.

After the new Hospital opened in October 2015, I decided it was time for a change – I felt compelled to take my patient care knowledge, my kindness and leadership skills to a different area of the hospital. It was time for me to start something new.

When I started in the Pre-Op area of Surgery as a Unit Aide, I wanted to make sure patients had the best possible experience. My manager Sherida Chambers and I, along with the Pre-Op team, really wanted patients to be happy and satisfied when leaving Pre-Op. So together we decided to make some changes. Our vision was to create a welcoming space that reflected the values of patient care and customer service.

The front entrance of Pre-Op had to embody Patient Care Reinvented, so I brought in a podium and set it up right across from the Pre-Op entranceway. I printed a poster for the podium that reads: “Welcome to Pre-Op Check-in Point.” Now when patients enter Pre-Op, they’re greeted warmly by a Humber River Hospital volunteer at the podium, and directed to the change rooms to prepare for their surgery.

When patients come into Pre-Op they’re often stressed, and on top of that, the diversity of Humber’s population occasionally creates language barriers that need to be overcome.



We need to be aware of our patients’ needs before they even ask. Part of that is how you speak to somebody, how you communicate. And sometimes that means involving family members who are present to help translate.

Our patients are our customers. They need to be treated with dignity and respect. It’s important for us as staff to anticipate the needs of patients, especially in an area like Surgery.”



Community Builder’s Award

On March 31, 2016, the entire community came together to honour great friends and advocates for Humber – Sam and Donna Ciccolini. Sam and Donna received the Community Builder’s Award with a total of \$1 million raised at the gala event. At their discretion, all proceeds from the event will benefit the Department of Urology at Humber River Hospital in recognition of the pioneering work of Dr. Jack Barkin. Special thanks to Fausto Gaudio and Senator Con Di Nino for their efforts in organizing this special night.

Sam and Donna’s tireless dedication to Humber River Hospital is a true labour of love, one that has already impacted thousands of people in our community, and will continue to provide world class healthcare for generations to come. On behalf of our physicians, staff, patients and families, and the Foundation and Hospital Boards of Directors, we thank Sam and Donna for their commitment to Humber River Hospital and congratulate them on this distinguished honour.



Million Dollar Challenge

Thank you for taking up the challenge! A huge thank you to all the sponsors and guests who helped make the 2nd Annual Million Dollar Challenge a success, raising over \$416,000 for Humber River Hospital. Over 300 people came together on June 15, 2016 to celebrate North America’s first fully digital Hospital and salute Dr. Rueben Devlin’s retirement in appreciation of his 17 years of service as the Hospital’s visionary. The evening would not have been made possible without the generosity and vision of Peter Eliopoulos and his team at ByPeterandPauls.

The evening’s food, drink and venue were all donated by Peter. Since its inception in 2015, the Million Dollar Challenge has raised over \$1.4 million for Humber River Hospital.

Give the Gift of Hugs

Here at Humber River Hospital we have a special program called Hug and Hold which means parents are embraced and prioritized in their child's care.

Hug and Hold is a world-renowned, start-to-finish program that makes sure parents feel informed and empowered during surgery, and their kids—our amazing patients—feel comfortable and safe. Patients like Aymane.

Two year old Aymane bursts into the pediatric waiting room and he charges immediately towards the toy tool bench and starts playing. It's a bright, happy room filled with toys, crafts and cartoons on the television.

Alex, the child life specialist, talks softly to Aymane's mom, Rafiki, explaining the process every step of the way using an iPad and simple teaching kit.

Alex explains that while the anesthesia is being given, Mom's job is to hug, support, and coach Aymane. Alex explains, "Just keep saying positive things like 'You're doing great' and 'I'm right here' and 'I love you so much!'"

While he's playing, Alex takes out a bright teaching kit with a Curious George doll inside, along with some surgical equipment, like a mask and IV. Aymane notices the Curious George and Alex says cheerfully, "Oh, do you want to play?" He nods and sits down beside her.



Alex uses the George doll to show him how the anesthetic mask goes on. "Curious George gets a turn. Now it's mom's turn! Does it hurt mom? No! Of course not! Now it's your turn, Aymane! Does that hurt? No! Of course not!"

As Mom and Aymane depart to the operating room, Alex asks him, "Would you like to ride in the wagon or on the big wheels?" and he points enthusiastically to the wagon. He's still holding some of the toys from the tool bench, and Alex encourages him to bring them into the operating room, where the doctors and nurses keep Aymane smiling.

Mom sits on the stretcher and holds him in the comfort position Alex showed her while the doctor gently puts the mask on. Aymane's eyes flutter and he cries out just a bit. Mom whispers in his ear and before you know it, the toys fall out of his hands and he has fallen asleep.

The surgeon says, "Will you give him a kiss, Mom?"

Mom plants a tender kiss on his cheek and Alex puts her arm around Mom to walk her out of the operating room. As the door closes, Alex says, "Thank you. You'll get updates on your phone at every stage of the surgery, and I'll take you down to the recovery room so you can be there when he wakes up.

You did great, Mom."

Please, support Hug and Hold and other patient-centred programs here at Humber River Hospital. Please, give today!

Your gift will support Hug and Hold and other inspiring and crucial programs possible. With your gift today, you'll help:

- invest in the best equipment and technology for our state-of-the-art hospital
- provide critical medical supplies for everyday use, including child-sized anesthesia masks and IV needles
- fund patient care materials like our toy medical equipment, and help provide toys and crafts for our waiting and recovery rooms

Visit www.hrhfoundation.ca or call 416-242-1000 ext. 81500 to make your gift.



Thank you to our Community Partners

Excitement for the newly opened Humber River Hospital spread far and wide across our community this past year. Business owners, residents and organizations came together in a big way to celebrate our new Hospital and our patient centered approach to healthcare.

From April to October 2016, the following fundraising events have been held in our community, raising over \$80,000 for the ongoing needs of our new Hospital:

McHappy Day – May 4, 2016



This year, 14 locations in our community supported Humber in this national program. Special thanks to owners/operators Jon MacDonald and Ann and Ferd Schroeder for their support.

Masters Golf Tournament – May 28, 2016



Sincere thanks to the Ciccolini family for continuing to support Humber through this annual event.

Taste of Downsview – July 2, 2016



Once again, Humber was proud to partner with the annual food festival organized by the Downsview Residents Association.

Our heartfelt thanks to all the organizers, volunteers and participants who made all of these events a tremendous success. The new Humber River Hospital is truly a hospital built by the community, for the community.

Interested in hosting a community event?
Contact **Laura Berardo** at 416-242-1000 ext. 81525
or lberardo@hrh.ca

Team Revolution™ D'Niagara – August 7, 2016



A huge grazie to our friends, partners and fellow riders Sandro and Angela from Spinkicks for organizing this year's Giro d'Niagara which took place at Ridgepoint Winery. Funds raised will support Team Revolution™ in their fundraising efforts for the new Hospital.

J. Crew – August 31, 2016



Great style met great healthcare thanks to our partners at J. Crew Yorkdale – a portion of sales from this exclusive shopping event were donated to Humber.

Shoppers Drug Mart Growing Women's Health – September 14 to October 7, 2016



This year, 19 Shoppers locations supported Humber through this national initiative. Special thanks to our longtime friend and Shoppers owner Jay Khetia for leading this partnership with us.



The River Ball: Renaissance by the River

Thank you to all our guests and sponsors who joined us at The River Ball 2016 presented by Downsview Drywall.

The Renaissance by the River has just begun and you have all played a vital role in this historical movement by supporting The River Ball. Together we raised over \$700,000 (net) in one night towards the equipment needs of the new Humber River Hospital.

Special thanks to our Master of Ceremonies Ken Crosina for leading the crowd through an exciting live auction, which included a dream kitchen renovation from Cameo Kitchens and Fine Cabinetry and Tasco Appliances, and 2 business class tickets anywhere in the world with Air Canada. And of course, much admiration goes to the musicians and performers in Alter Ego for bringing the house down!

Visit hrhfoundation.ca to enjoy video highlights from the event.

On behalf of our Hospital and our community, thank you for helping us celebrate our healthcare renaissance!



You're AWESOME

Thank you to all our golfers and sponsors who helped make our 33rd annual AWESOME Invitational Golf Tournament another huge success! Together, we raised \$220,000 (net) which will be used to help equip the new Hospital with some of the most advanced medical technologies available.

Guests enjoyed the day on the course as well as our dinner festivities which featured an exciting and successful live auction, silent auction and raffle draw! Congratulations to HRH staff member Laurie Goodman who won the brand new, 2015 FIAT 500.

Really, Really AWESOME Sponsors:



Welcome to Toronto Nordstrom!

On September 14, 2016, over 2,000 of Toronto's finest and most fashionable helped celebrate the opening of Nordstrom's first Toronto store at the Eaton Centre. Guests were treated to a first peak at the space, an epic fashion show in Dundas Square and live entertainment throughout the store. Nordstrom generously covered all expenses for the event, so 100% of ticket sales could be donated to six local charities, including Humber River Hospital Foundation.

The second Nordstrom location opened in October at Yorkdale Shopping Centre. Once again, the city's fashion set attended this opening gala, with all costs being underwritten by Nordstrom so 100% of proceeds from ticket sales were donated to the six charities.

"The entire Humber River Hospital family is honoured to have been to chosen to partner with Nordstrom. The funds raised at the Toronto galas will greatly contribute to bringing advanced medical technologies to our community, and enable our staff and physicians to deliver healthcare in new and innovative ways," said Helga Schneider, Vice President, Donor Relations. "Humber is committed to providing the very best in patient-centered care, each and every day. We thank the entire Nordstrom team for supporting our vision of a healthy, thriving community with access to world class healthcare now and in the future."



Congratulations Team Revolution™!

Congratulations to all members of Team Revolution™ who crossed the Granfondo Terracina finish line in the name of Humber River Hospital this September 2016. The ride was thrilling and emotional, and was made even more treacherous by torrential rain and wind on the day of the race.

The entire Humber family celebrates this amazing athletic and fundraising achievement. Years of hard work and hard fundraising have now given way to our new Hospital. Many of our riders and their family members have personally experienced our patient centered care approach here at Humber. Please know that every climb, every gravel road, every cut and scrape has been worth it, raising over \$1.7 million for the new Hospital. And for that, the entire Humber community is grateful.

Special recognition must be given to HRHF Board Member Frank Ciccolini for his years of enthusiasm and leadership, as well as to HRHF Past Chair Eddy Battiston and HRH Past Chair Paul Allison for their participation as team members and sponsors.

Presenting Sponsor:

**RAYMOND
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Exclusive Airline Sponsor:

AIR CANADA 

A Cause In My Heart: Jackie's Story

"I'm a nurse, and my late husband and I were both involved as volunteers at first. He was on the Board before me, and as a matter of fact, I was the first woman Board Member. They desperately needed a woman here and I fit the bill. All these businessmen couldn't figure out a simple way to sort out issues in the operating room and the delivery room. It took a few conversations and a bit of listening and it was sorted out. Since then, I've been involved, and giving, all my life.

This is my Hospital. It's the one I use. It gives me what I need, so I feel happy supporting it. And, as I said, I've been involved all my lifetime, and I want to still be involved when I'm gone. Of course, I talked to my daughter about it. She's got her own money. And she's taken care of in my Will. And I told her that I was going to leave her 1/3 of what Dad and I have and that the rest will go to helping others.

We all have causes in our heart. And I wonder sometimes, when I talk to others in my ladies group, what are you waiting for? Many of us are getting along in age. Hurry up! It's time for us to take action for the things we believe. Those causes in our hearts. Humber River Hospital is mine."

Jackie Rosati, *Donor*

If you would like more information on estate planning, or to learn how to include Humber River Hospital Foundation in your will, let's talk. Contact **David Gilmer** at 416-242-1000 ext. 81515 or dgilmer@hrh.ca



Donation Form

YES I would like to make a monthly gift to Humber River Hospital Foundation in the amount of: _____ per month

YES I would like to make a one-time donation to Humber River Hospital Foundation in the amount of: _____

First Name: _____ Last Name: _____

Address: _____ Suite/Apt.: _____ City: _____ Prov: _____

Postal Code: _____ Phone: _____ E-mail: _____

Cash Cheque (Payable to: Humber River Hospital Foundation or a VOID cheque for monthly giving)

VISA MasterCard AMEX

Card #: _____

Name on Card: _____

Expiry Date: _____ Signature: _____

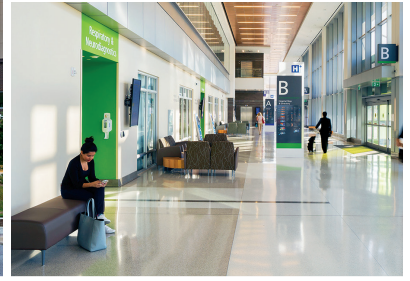
I authorize HRH Foundation to send me e-mail updates on the fundraising activities of the Foundation and updates on Humber River Hospital. I understand that I can change my preferences at any time by contacting the Foundation at 416-242-1000 ext 81500 or via e-mail foundation@hrh.ca.

Receipts for income tax purposes are issued for donations of \$20 or more. Donations of less than \$20 are receipted upon written request. Unless otherwise requested, monthly donors receive a consolidated tax receipt every January for the previous year's giving.



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Donate today to help bring the world's best medical resources to you!

As much as we embrace our community at Humber, we also rely on it for much needed funding for our Hospital, now and in the future. The Humber River Hospital Foundation is raising funds to support the equipment and technology needs of the Hospital. Our state of the art equipment and medical resources have put us at the forefront of medical technology in Canada – but we need your help to stay there.

Donate today to the Humber River Hospital Foundation, or help us spread the word, so we can continue to bring the world's most advanced medical technologies to you.

Your support is vitally important. Get involved today and help us bring the world's best medical resources to you.

Ways to Give

- Stocks & Securities
- Planned or Deferred Gifts
- Monthly Gifts
- Gifts-in-Kind
- Community and Third-Party Events

Donate Today

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